



SCHOOL MENU

OCTOBER 5 - 9

MONDAY

Pork Goulash, Buckwheat, Cucumbers

Steamed Corn, Carrots, Plum

VEGETARIAN: Vegetable-Pea Stew

TUESDAY

Minced Meat Soup

Curd Dessert with Berries and Oats, Turnip, Apple

VEGETARIAN: Lentil Soup with Cheese

WEDNESDAY

Rice with Chicken, Cabbage, Carrots, Pear

VEGETARIAN: Rice with Vegetables

THURSDAY

Creamy Fish Soup, Bread Dessert

Radish, Apple

VEGETARIAN: Creamy Broccoli Soup

FRIDAY

Casserole with White Beans, Potatoes

Tomatoes, Cucumbers, Plum

SCHOOL MENU

OCTOBER 12-16

MONDAY

Chicken with Vegetables, Rice

Beetroot, Steamed Peas, Seed Mix, Melon

VEGETARIAN: Vegetable-Chickpea Sauce

TUESDAY

Pork-Vegetable Soup

Rice Pudding, Jam, Pear

VEGETARIAN: Vegetable-Mushroom Soup

WEDNESDAY

Minced Meat Sauce, Potatoes

Cabbage, Cucumber, Apple

VEGETARIAN: Vegetable Sauce

THURSDAY

Coconut Chicken Soup with Lemongrass and Lime

Mango-Curd Cream, Carrots, Orange

VEGETARIAN: Creamy White Bean Purée Soup

FRIDAY

Pasta with Eggs and Vegetables

Tomatoes, Steamed Broccoli, Plum



SCHOOL MENU

OCTOBER 19-23



MONDAY

Bolognese Sauce, Pasta

Steamed Beans, Cucumber, Turnip, Melon

VEGETARIAN: Tomato-Lentil Sauce

TUESDAY

Chicken Soup, Milk Pudding, Jam, Bell Pepper, Banana

VEGETARIAN: Purée Soup with Broccoli and Cheese

WEDNESDAY

Pork Pilaf, Sauerkraut, Beetroot, Pear

VEGETARIAN: White Bean Pilaf



THURSDAY

Fish-Tomato Soup

Apple-Barley Mousse, Apple

VEGETARIAN: Potato-Leek Purée Soup with White Beans

FRIDAY

Cauliflower Stew with Chickpeas, Potatoes

Carrots, Tomatoes, Apple