

KINDERGARTEN MENU

OCTOBER 5-9

MONDAY

LUNCH: Pork Goulash, Buckwheat, Cucumbers

SNACK: Beetroot Soup, Carrots

TUESDAY

LUNCH: Minced Meat Soup

Curd Dessert with Berries and Oats

SNACK: Pasta with Cheese, Apple

WEDNESDAY

LUNCH: Rice with Chicken, Cabbage, Berry-Kefir Cocktail

SNACK: Pork-Vegetable Soup, Pear

THURSDAY

LUNCH: Creamy Fish Soup, Bread Dessert

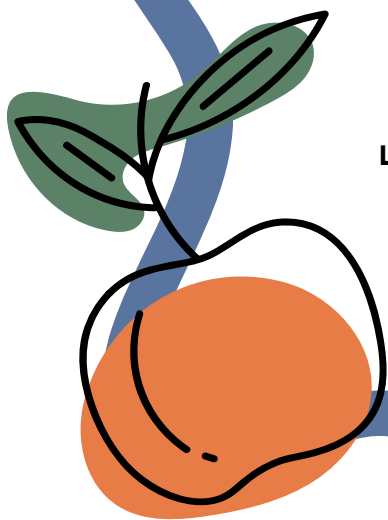
SNACK: Oven Potatoes with Minced Meat, Apple

FRIDAY

LUNCH: Casserole with White Beans, Potatoes

Tomatoes, Juice

SNACK: Carrot-Curd Cake, Plum



KINDERGARTEN MENU

OCTOBER 12-16

MONDAY

LUNCH: Chicken with Vegetables, Rice, Beetroot, Seed Mix

SNACK: Fish Soup, Cabbage

TUESDAY

LUNCH: Pork-Vegetable Soup, Rice Pudding, Jam

SNACK: Buckwheat Porridge, Yoghurt Sauce, Pear

WEDNESDAY

LUNCH: Minced Meat Sauce, Potatoes, Cabbage

SNACK: Beetroot Soup, Apple

THURSDAY

LUNCH: Coconut Chicken Soup with Lemongrass and Lime

Mango-Curd Cream

SNACK: Cowboy Potatoes, Garlic Sauce, Orange

FRIDAY

LUNCH: Pasta with Eggs and Vegetables

Tomatoes, Strawberry Smoothie

SNACK: Pear Cake, Plum

KINDERGARTEN MENU

OCTOBER 19-23

MONDAY

LUNCH: Bolognese Sauce, Pasta, Cucumbers

SNACK: Lentil-Pork Soup, Turnip

TUESDAY

LUNCH: Chicken Soup, Milk Pudding, Jam

SNACK: Salmon-Potato Casserole, Banana

WEDNESDAY

LUNCH: Pork Pilaf, Beetroot Salad

SNACK: Vegetable Purée Soup, Toasted Croutons, Pear

THURSDAY

LUNCH: Fish-Tomato Soup

Apple-Barley Mousse

SNACK: Pasta with Minced Meat, Apple

FRIDAY

LUNCH: Cauliflower Stew with Chickpeas, Potatoes, Carrots

Baked Apple Smoothie

SNACK: Potato Salad with Eggs, Juice, Orange



KINDERGARTEN MENU

OCT 26-30

MONDAY

LUNCH: Chicken Sauce with Herbs, Rice
Beetroot Salad, Strawberry-Yogurt Cocktail
SNACK: Fish Soup with Quinoa, Carrots

TUESDAY

LUNCH: Meatball Soup, Curd Mousse with Strawberry Kissel
SNACK: Oven Potatoes with Cheese, Oranges

WEDNESDAY

LUNCH: Tomato-Chicken Pasta, Corn, Seed Mix
SNACK: White Bean Soup, Apple

THURSDAY

LUNCH: Borch Soup, Sour Cream
Strawberry Jelly with Whipped Cream
SNACK: Buckwheat with Vegetables, Pear

FRIDAY

LUNCH: Fish Sauce, Potatoes, Steamed Peas
SNACK: Chicken Pastry, Juice, Plum

