

KINDERGARTEN MENU

AUGUST 3-7

MONDAY

LUNCH: Chicken in Apple-Curry Sauce, Pasta

Steamed Carrots, Cabbage, Tomatoes

SNACK: Porridge with Jam, Fruit

TUESDAY

LUNCH: Vegetable Soup with Rice

Caramel Kissel with Jam

SNACK: Pasta with Cheese, Cucumber-Tomato Salad

WEDNESDAY

LUNCH: Goulash with Pork, Mashed Potatoes

Steamed Beans, Steamed Cauliflower, Fruit

SNACK: Milk-Noodle Soup, Cheese Sandwich, Fruit

THURSDAY

LUNCH: Fish Soup, Carrot Cake with Cream Cheese Frosting

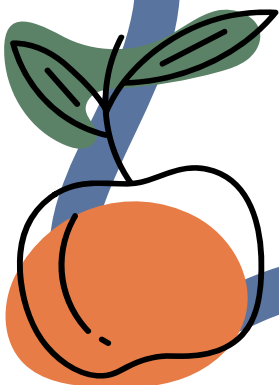
SNACK: Buckwheat with Sour Cream, Fruit

FRIDAY

LUNCH: Chicken-Cottage Cheese Cutlet, Rice

Sour Cream Sauce with Dill, Carrots, Turnip

SNACK: Cinnamon Roll, Banana-Blueberry Smoothie



KINDERGARTEN MENU

AUGUST 10-14

MONDAY

LUNCH: Minced Meat with Cabbage, Potatoes

Tomatoes, Cucumber, Fruit

SNACK: Oven Omlette with Cheese, Fruit

TUESDAY

LUNCH: Vegetable Poree Soup with Roasted Seeds

Curd Cake with Fresh Jam, Apricots

SNACK: Pasta with Vegetables, Yoghurt

WEDNESDAY

LUNCH: Fish Balls, White Sauce with Dill, Steamed Rice

Bell Peppers, Fruit

SNACK: Mashed Potatoes with Groats and Sour Cream

Kefir Cocktail with Kama and Berries

THURSDAY

LUNCH: Meatball Soup, Semolina Mousse with Milk

SNACK: Buckwheat Porridge with Sour Cream, Fruit, Dates

FRIDAY

LUNCH: Turkey Goulash, Pasta

Steamed Carrots, Steamed Beetroot, Fruit

SNACK: Pastry with Chicken Meat, Smoothie

