

KINDERGARTEN MENU

FEBRUARY 9-13

MONDAY

LUNCH: Minced Meat with Cabbage, Potatoes

Tomatoes, Cucumber, Fruit

SNACK: Oven Omlette with Cheese, Fruit

TUESDAY

LUNCH: Vegetable Poree Soup with Roasted Seeds

Semla (Vastlakukkel)

SNACK: Pasta with Vegetables, Yoghurt

WEDNESDAY

LUNCH: Fish Balls, White Sauce with Dill, Steamed Rice

Bell Peppers, Fruit

SNACK: Mashed Potatoes with Groats and Sour Cream

Kefir Cocktail with Kama and Berries

THURSDAY

LUNCH: Meatball Soup, Semolina Mousse with Milk

SNACK: Buckwheat Porridge with Sour Cream, Fruit, Dates

FRIDAY

LUNCH: Turkey Goulash, Pasta

Steamed Carrots, Steamed Beetroot, Fruit

SNACK: Pastry with Chicken Meat, Smoothie

