

KINDERGARTEN MENU

OCTOBER 13-17

MONDAY

LUNCH: Creamy Chicken Pasta

Cucumbers, Tomatoes, Fruit

SNACK: Cream Cheese Sandwich with Tomatoes and Cucumbers

Rice Porridge with Jam

TUESDAY

LUNCH: Potato-Rice Noodle Soup with White Beans

Mango Curd Cream, Vegetable

SNACK: Pancakes with Jam, Fruit

WEDNESDAY

LUNCH: Fish Cutlet, Sauce

Mashed Potatoes, Steamed Carrots, Steamed Beans

SNACK: Oven Omelette with Herbs, Carrot Orange Oatmilk Cocktail

THURSDAY

LUNCH: Borscht Soup with Sour Cream

Cinnamon Roll, Vegetable

SNACK: Four-Grain Porridge with Jam, Fruit

FRIDAY

LUNCH: Chicken Stew with Tomatoes, Rice

Turnip Cabbage, Bell Peppers, Fruit

SNACK: Oven Pie with Zucchini and Cheese, Yoghurt

