

KINDERGARTEN MENU

JUNE 16-20

MONDAY

LUNCH: Bolognese Sauce, Potatoes or Buckwheat,
Sour Cream Sauce, Cabbage-Carrot Salad

SNACK: Egg Porridge with Herbs, Sour Cream, Fruit

TUESDAY

LUNCH: Vegetable Soup with Pasta,
Caramel Kisel with Whipped Cream

SNACK: Rice-Bean Pilaf, Berry Kefir Cocktail

WEDNESDAY

LUNCH: Stroganoff Sauce, Rice or Mashed Potatoes,
Vegetable Salad, Fruit

SNACK: Porridge with Jam,
Banana-Kefir Smoothie, Raisins

THURSDAY

LUNCH: Fish Solyanka, Apple-Rye Mousse, Fruit

SNACK: Buckwheat Porridge with Minced Meat,
Sour Cream, Dates

FRIDAY

LUNCH: Chicken Pasta,
Carrot- Pineapple Salad, Fruit

SNACK: Cinnamon Roll, Banana-Blueberry Smoothie, Dried Plums

