KINDERGARTEN MENU

APRIL 28-30

MONDAY

LUNCH: Vegetable Stew with Beans, Potatoes or Rice,

Cabbage-Tomato-Cucumber Salad, Fruit

SNACK: Oven Omelette with Cheese, Fruit

TUESDAY

LUNCH: Vegetable Soup with Chickpeas,

Beetroot-Strawberry Smoothie, Dried Apricots

SNACK: Pasta with Vegetables, Yogurt, Fruit

WEDNESDAY

LUNCH: Fish Meatloaf, Rice or Mashed Potatoes,

Carrot-Orange Salad, Fruit

SNACK: Porridge with Barely Groats and Sour Cream,

Kefir Cocktail with Kama and Berries

THURSDAY

PUBLIC HOLIDAY/MINI HOLIDAY

FRIDAY
MINI HOLIDAY