

# KINDERGARTEN MENU

SEPTEMBER 2-6

## MONDAY

**LUNCH:** Minced Chicken Sauce, Potatoes or Buckwheat,  
Beetroot-Pickle Salad, Fruit

**SNACK:** Pasta with Beans and Zucchini,  
Strawberry Smoothie, Vegetable

## TUESDAY

**LUNCH:** Vegetable Bean Stew, Potatoes or Rice,  
Fruit

**SNACK:** Pancakes with Apples, Vegetable

## WEDNESDAY

**LUNCH:** Fried Fish, Rice or Mashed Potatoes,  
White Sauce, Cabbage-Carrot Salad, Fruit

**SNACK:** Rye Bread with Egg Butter, Carrot-Orange Milk Cocktail

## THURSDAY

**LUNCH:** Vegetable Soup with Minced Meat,  
Strawberry Kissel with Whipped Cream, Fruit

**SNACK:** Potato and Groats Porridge with Yogurt Sauce, Vegetable

## FRIDAY

**LUNCH:** Chicken-Tomato Stew, Potatoes or Pasta,  
Pumpkin-Apple Salad, Fruit

**SNACK:** Cinnamon roll, Banana-Baked Apple Smoothie

