

# KINDERGARTEN MENU

02.01-06.01



## MONDAY

**Lunch:** Lentil-Vegetable Curry, Cold Yoghurt Sauce, Couscous, Cabbage-Cucumber Salad, Fruit

**Snack:** Rice and Milk Soup, Apple

## TUESDAY

**Lunch:** Minestrone with Chicken, Milk Pudding with Berry Puree

**Snack:** Oven Potatoes, Cold Sour Cream Sauce, Tangerine

## WEDNESDAY

**Lunch:** Minced Meat Sauce, Potato Puree, Carrot Salad, Fruit

**Snack:** Chicken Soup, Pear

## THURSDAY

**Lunch:** Creamy Fish Soup, Crispy Oatmeal Dessert with Apple and Currant, Vanilla Sauce

**Snack:** Buckwheat Porridge , Cold Yoghurt Sauce, Paprika

## FRIDAY

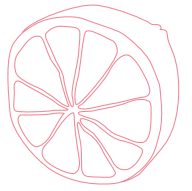
**Lunch:** Chicken Risotto, Cold Yoghurt Sauce, Beetroot Salad, Fruit

**Snack:** Coconut Bun, Pear



# KINDERGARTEN MENU

09.01-13.01



## MONDAY

**Lunch:** Chicken Sauce, Buckwheat, Cabbage Salad with Dill, Fruit

**Snack:** Potato- Lentil Soup, Apple

## TUESDAY

**Lunch:** Vegetable Puree Soup with Chicken, Roasted Seeds, Berry Jelly and Whipped Cream

**Snack:** Mashed Potatoes with Grits, Cold Yoghurt Sauce, Carrot

## WEDNESDAY

**Lunch:** Fish Meatloaf, White Sauce with Savory Green, Rice, Beetroot Salad, Fruit

**Snack:** Milk Soup with Pasta, Pear

## THURSDAY

**Lunch:** Potato and Minced Meat Soup, Curd Cream, Juice Kissel

**Snack:** Pasta with Turkey Minced Meat, Cold Sour Cream Sauce, Turnip

## FRIDAY

**Lunch:** Chicken with Vegetables, Potato, Carrot-Pea Salad, Fruit

**Snack:** Carrot Cake, Pear



# KINDERGARTEN MENU

16.01-20.01



## MONDAY

**Lunch:** Steamed Vegetables with Chickpeas, Rice, Beetroot Salad with Yoghurt, Fruit

**Snack:** Beetroot Soup with Eggs, Sour Cream, Apple

## TUESDAY

**Lunch:** Chicken Soup with Beans, Berry and Rye Mousse

**Snack:** Buckwheat and Vegetable Mixer, Sour Cream Sauce, Orange

## WEDNESDAY

**Lunch:** Steamed Chicken within Fried Gravy, Potato, Carrot and Cauliflower Salad, Fruit

**Snack:** Fresh Cabbage Soup, Pear

## THURSDAY

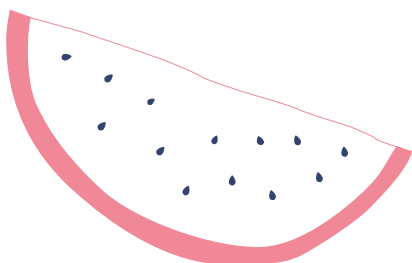
**Lunch:** Thick Soup with Fish, Sour Cream, Golden Pumpkin Cream for Bread

**Snack:** Mashed Potatoes, Cold Yoghurt Sauce, Tomato

## FRIDAY

**Lunch:** Chicken in Tomato Sauce, Pasta, Cabbage Salad with Dill, Fruit

**Snack:** Banana Bread, Apple



# KINDERGARTEN MENU

23.01-27.01



## MONDAY

**Lunch:** Turkey Sauce with Herbs, Potatoes, Carrot Salad with Red Currant, Fruit

**Snack:** Milk and Rice Soup, Pear

## TUESDAY

**Lunch:** Vegetable Borscht, Sour Cream, Curd Cream with Berries

**Snack:** Pasta Dish with Cheese, Cucumber

## WEDNESDAY

**Lunch:** Creamy Salmon Sauce, Rice, Steamed Corn, Peas, Fruit

**Snack:** Vegetable Puree Soup, Toasted Croutons, Pear

## THURSDAY

**Lunch:** Beef Minced Meat Soup with Lentils, Mango-Yoghurt Jelly

**Snack:** Mashed Potatoes with Chicken, Cold Sour Cream Sauce, Banana

## FRIDAY

**Lunch:** Chicken Pilaf, Carrot-Cabbage Salad with Sour Cream, Fruit

**Snack:** Cocoa Cake, Pear

