

List of allergen codes in the menu

We follow European Parliament and Council [Regulation \(EU\) No 1169/2011](#) when providing nutritional information. For food sold without its package, customer must be provided with information at every sale point.

Certainly, customer must receive information about the food names and allergenic or intolerable ingredients.

There is no need to bring up allergens if food name already refers to its content. Information on ingredients can be presented in several ways - using written, oral or both methods.

Allergen/code Allergen

1	Grains containing gluten such as wheat, rye, barley, oats, spelt, Polish wheat and their hybrids and products made from these grains except: 1) Wheat-based glucose syrups, including glucose; 2) Wheat-based maltodextrins; 3) Barley-based glucose syrups; 4) Grains which are used to make distillate of agricultural origin or ethyl alcohol for the manufacture of ethanol drinks and other alcoholic beverages.
2	Milk and products made from it, including lactose, with the exception of: 1) Whey from which distillates of agricultural origin or ethyl alcohol are prepared for the preparation of ethanol drinks and other alcoholic beverages; 2) Lactitol.
3	Eggs and products made from them
4	Fish and fish products, except: 1) Fish gelatine used as a carrier for vitamin or carotenoid kits; 2) Fish gelatine or fish glue used as a preservative in beer and wine
5	Crustaceans and products made from them
6	Peanuts and products made from them
7	Soybeans and fish products, except: 1) Fully refined soybean oil and fat; 2) Natural blended tocopherols derived from soybean (E306), natural D-alpha-tocopherol, natural D-alpha-tocopherol acetate, natural D-alpha-tocopherol succinate; 3) Vegetable oil phytosterols and phytosterol esters made from soybeans; 4) Plant stanol ester produced from vegetable oil derived from soybean oil.
8	Nuts like almonds (<i>Amygdalus communis</i> L.), hazelnuts (<i>Corylus avellana</i>), walnuts (<i>Juglans regia</i>), Indian cashew nuts (<i>Anacardium occidentale</i>), Pecans (<i>Carya illinoensis</i> (Wangenh.) K. Koch), Brazil nuts or paranuts (<i>Bertholletia excelsa</i>), pistachios (<i>Pistacia vera</i>), different macadamia nuts (<i>Macadamia ternifolia</i>), and products made from them, excluding nuts which are used to make distillates of agricultural origin or ethyl alcohol for the preparation of ethanol drinks and other alcoholic beverages
9	Celery and products made from it
10	Mustard and products made from it

11	Sesame seeds and products made from them
12	Lupine and products made from it
13	Sulphur dioxide and sulphites if their concentration, expressed as SO ₂ , is greater than 10 mg/kg or 10 mg/L
14	Molluscs and products made from them