Tartu International School

Guide to the Subject Syllabi

English for the year 1

Contents

Topics for language, reading, listening and writing development

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
ME: name, age, body parts, clothing and favorite activities. FAMILY AND HOME: family members, closest relatives; my home – furniture, names of the rooms, hometown, home country, address, street, flat. FRIENDS: name, age, place of living, look, things we do together; school – subjects, school things. ENVIRONMENT, HOMEPLACE, WORLD: animals, birds, location of home country/place of birth, language, capital city. ESTONIA: location of Estonia, language, capital city, symbols. EVERYDAY ACTIVITIES: meal times; names of foods and drinks. LEARNING AND WORK: school day, friends and teachers; subjects, learning skills; school rooms, school things. HOBBIES AND CULTURE: hobbies, games, sport.	ME: name, age, favourite activities. FAMILY AND HOME: family members, closest relatives; spending holidays with family. FRIENDS: name, age, place of living, look, things we do together. ENVIRONMENT, HOMEPLACE, WORLD: home country, home place. EVERYDAY ACTIVITIES: daily schedule, duties. HOBBIESAND CULTURE: hobbies, games, sport.

Spelling

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
Sound – syllable – word – sentence –	Letter – syllable – word – sentence – story.
story.	Letters and alphabet.
Letters and alphabet.	capital letter at the beginning of the
Capital letter at the beginning of the	sentence, human names and animal names,
sentence, names of the person and	months and weekdays.
animals, names of the places.	Singular and plural.
Singular and plural.	Types of sentences, punctuation.
Types of sentences, punctuation.	Shapes of the letters, handwriting, look of the

Present and past. Quotes. Speech bubbles. Prefixes and suffixes (un-, dis-, ly). Congruence (noun and verb).	Shapes of the letters, handwriting, look of the writing, headline and date.	Prefixes and suffixes (un-, dis-, ly).
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Text syntax

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
Text types: oral use of language, polite expressions. Know-how texts: instructions, texts in the student books. Composition: headline, date, sentences. Simple schemes – reading and understanding.	Text types: oral use of language, polite expressions. Know-how texts: instructions, texts in the student books. Finding keywords from the text. Composition: headline, starting and finishing the story. Contents. Synonyms, antonyms. Definitions. Simple schemes – reading and understanding.

Literature

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
Children songs. Fairy-tale. Poem. Play. Narration. Concepts: author, headline, character, artist. Texts dealing with different types of literature. Dictionaries.	Children songs. Fairy-tale. Story. Poem. Play. Narration. Instructions. Concepts: author, headline, character, artist. Summary of the book. Texts dealing with different types of literature. Dictionaries.

Study results

At the end of the 1st year the student:

- is able to express opinion about what he heard or saw;
- is interested in reading, reads simple texts;
- is able to make a difference between a statement and a question;

- is able to read poems by heart;
- is able to recognize a story, poem, play, fairy-tale, riddle, proverb, letter;
- is able to listen a texts adjusting to his age and act according to the message;
- is able to construct a verbal story by pictures, some words and questions; think to the story the beginning and the end;
- defines phonemes, letters, vowels and consonants, words and sentences;
- knows alphabet by heart;
- is able to use the full stop at the end of the sentence;
- is able to use the capital letter at the beginning of the sentence, personal and animal names.

English for the year 2

Contents

Topics for language, reading, listening and writing development

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
ME: look, describing the look. FAMILY AND HOME: furniture in different rooms. ENVIRONMENT, HOME PLACE, WORLD: seasons and weather, traffic and transport, asking directions and leading the way, location of buildings in town, describing animals and their places of habitation. EVERYDAY ACTIVITIES: time, planning the day, ordering the food, menu. LEARNING AND WORK: professions and responsibilities, work places. HOBBIES AND CULTURE: hobbies, how to celebrate the birthday in different countries.	ME AND RELATIONSHIPS: close people and friends. ENVIRONMENT, HOME PLACE, WORLD: seasons and weather, traffic, nature – animals and plants; traveling and spending holidays EVERYDAY ACTIVITIES: cooking, hobbies. LEARNING AND WORK: activities connected to the professions. CULTURE: celebrating birthdays, organizing and celebrating the parties.

Spelling

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
Vowels and consonants.	Compound word.
Compound words.	Vowels and consonants.
The capital letter at the beginning of the	The capital letter at the beginning of the
months and weekdays.	months and weekdays.
Affirmation and negation.	Affirmation and negation.
Present and past.	Present and past.
Declarative, interrogative and	Declarative, interrogative and exclamatory

exclamatory sentences. Punctuation. Comma in listing. Antonyms.	sentences. Punctuation. Comma in listing. Antonyms. Quotation marks.
	Quotation marks. Suffixes (-ed, -ful, -less, -ing).

Text syntax

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
Text types: note, invitation. Know-how texts: dictionary, contents of the book. Composition: headline, the beginning, content and the end of the story. Simple schemes – reading and understanding.	Text types: note, invitation. Know-how texts: dictionary, contents of the book. Composition: headline, the beginning, content and the end of the story. Concept: note, invitation, newspaper, story, dictionary, contents. Verb synonyms, Antonyms. Connection between adjective and noun. Comparing adjectives. Conjunctions (and, neither, because). Guessing the meaning of the word from the context. Overworked words.

Literature

Students who are not speaking the study language of the school	Students who are speaking the study language of the school as their mother language
Folktale. Story. Poem with picture. Poem.	Folktale. Story. Poem with picture. Poem.
Play.	Play.
Recipe.	Comics. Recipe. Legend. Instructions.
Concepts: author, headline, character,	Concepts: author, headline, character, artist,
artist, dialog, contents.	dialog, contents.

Study results

At the end of the 2nd year the student:

- is able to tell the poem by heart;
- is able to copy from the book and from the board;
- is able to understand the content of the text reading by himself and aloud, is able to answer to the questions related to the topic;
- is able to work with text by instructions given according to his age;
- is able to define a request, order and refusal;

- is able to find words with similar meaning and opposites;
- is able to recognize a story, poem, play, fairy-tale, riddle, proverb, letter;
- is able to retell the text he read;
- is able to express his opinion about the text;
- is able to listen the text and act as it told to;
- is able to pass on the content of the text by answering to the questions;
- is able to define vowel and consonant, compound word;
- is able to use the capital letter in names of weekdays, months and names of the places;
- is able to compile the invitation, congratulation;
- is able to tell about the event;
- is able to express himself in different situations: asking, explaining, denial, apologizing, giving thanks;
- is acquired the spelling of requested words (spelling tests).

English for the year 3

Contents

Topics for language, reading, listening, and writing development

Students who are not speaking the study language of the school

ME: my 5 senses, healthy lifestyle (food, physical exercises).

FAMILY AND HOME: family members' profession/occupation and obligations. ENVIRONMENT, HOME PLACE, WORLD: differences and similarities between country and city life; animals' geographical habitation; animals' skills and abilities; clothing based on the weather; weather during various seasons; climate.

ESTONIA: Estonian holidays; Estonian symbols; map of Estonia

HOBBIES AND CULTURE: television – television programs, program preferences, cinema, theater.

Spelling

Students who are not speaking the study language of the school

Nouns, adjective, pronoun, verbs.

Alphabetical order.

Vocabulary: words with similar meaning.

Syllabication and hyphenation.

Clarification of word meanings.

Using apostrophes in abbreviations and in adjectives.

Adjectives comparison.

Comas in sentences.

Text syntax

Students who are not speaking the study language of the school

Media texts: newspaper, magazine texts. Word order in the sentence. Definitions.

Literature

Students who are not speaking the study language of the school

Borrowing books from the school library.

Composing and presenting reading journal (title, author, main characters, conclusion, characteristic drawing, new words) in every three weeks.

3rd year student will read at least 7 books during the school year and fills out the reading journal.

Listening

• enjoying text, attentive and critical listening

Speaking

- presenting a prose text
- based on the book, movie and theater play; picture and picture series, questions and help/hint words/prompts, auxiliary words;
- adjusting volume to the situation

Writing

- broadening a sentence and bonding into a text;
- writing based on the dictation;
- fixing own spelling/writing mistakes;
- writing and using everyday text;
- rewriting based on the text;
- creative writing based on the picture, picture series, questions, auxiliary words or plan;
- write about an event, person or animal

Reading

- understanding the read text: plan;
- distinguish various texts: fairy tale, story, poem, riddle, letter;
- reading own and others' hand written text from the blackboard and notebook;
- reading narrative, describing, everyday, informational and limerick texts;
- deciphering poem with the help of the teacher.

Study results

At the end of the 3rd year the students:

- reads familiar texts clearly, fluently, correctly, and with appropriate intonation;
- can write based on dictation and checks the written text based on the example;
- uses correct letter shapes and associates, writes legibly;
- borrows books from the library and fills out the reading journal based on the read text;
- can listen the text based on her age and act according to the message;
- can impart the content of study text, reading text, picture book, movie, and theater play based on questions;
- can compose a written text based on the picture series, auxiliary words and questions; think the beginning and the ending to a story;

- can use full sentences in written and spoken language;
- distinguishes syllables;
- can use a simple dictionary;
- can frame a sentence and use correct punctuation;
- knows how to spell required words correctly (spelling tests)

English for the year 4 and 5

Contents

Subjects for language development, reading, listening, and writing

Students who are not speaking the study language of the school

FAMILY and HOME: family tree; family relations/relatives; occupations; DAILY ACTIVITIES: daily routine, duties - pleasant and unpleasant duties; timetable. ENGLISH SPEAKING COUNTIES: Great Britain - location, map, most common tourist objects.

TRAVELLING: weather, weather forecast, planning a trip and choosing a destination. MEDIA: types of communication; types of finding information; names in various languages; television - programs, news, personal preferences, interviews.

ENVIRONMENT AND CONSUMPTION: materials, functions of things; buying - prices, names of stores, dialogues in stores, advertisements; names of nations and nationalities, world map.

Language skills

Students who are not speaking the study language of the school

- nouns: singular and plural words;
- articles: most common phrases used with and without articles;
- adjectives: comparing adjectives (as as, not as ... as, more ... than); syntagm (too + adjective and not + adjective + enough);
- numerals and measurements: part out of the whole (2 out of 10); measurements in various countries;
- pronoun: interrogative-relative pronoun;
- verb: modal verb (can, must = have to, may);
- verb tenses: continuous tenses (Present and Past Continuous); imperative mood;
- adverb: irregular adverbs (fast);
- conjunction: that, or, when;
- preposition: expressions with prepositions; (interested in, good/bad at, depend on, at the top/bottom, next to, in the middle);
- word-formation: compound words; noun suffixes er and -or.
- spelling: adjective comparison, verb forms;
- punctuation: period, questions mark, exclamation mark, apostrophe;
- abbreviations.

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Text syntax

Students who are not speaking the study language of the school

Definitions: character.

Text creation: character, dialogue.

Planning a text.

Main idea of the text.

Using the media text.

Media text: news, advertisement, commercial, tv or radio text.

Literature

Students who are not speaking the study language of the school

Definitions: story, play, act, scene. Drama: play. Students' own creation/work. Prose: historical story, criminal story.

4-5th year student will read in full at least 10 books during the school year and fills out the reading journal.

Study results

At the end of the 5th year the student:

- can find important things from the text;
- express and reason his/her opinion;
- can use common abbreviations;
- can use capital letters in names, titles of books and periodical publications, in historic events;
- can hyphenate words;
- can create a letter, finalize an envelope;
- can summarize the content of a simple table;
- can work independently with the text: ask questions about the text, answer questions based on the text;
- knows characteristics about story, play, fable, criminal story, historic story, autobiography, and biography;
- can compose adjective comparison and use them;
- can understand few unknown words from the text based on the context;
- can separate important information from listened text;
- can write and correct text based on the dictation;
- can retell and write about events;
- can impart information clearly and unequivocally;
- can find important things from read and heard text, impart and use that information;
- has acquired spelling of required words.

In addition for students who don't speak the study language:

- can understand text, songs based on learned vocabulary, and as well text containing passive vocabulary;
- talk about and answer questions within the bounds of studied subjects;
- talk about everyday activities and hobbies by using learned vocabulary;
- use learned phrases with correct intonation.

English for the Year 6

Contents

Topics for language development, reading, listening, and writing

Students who are not speaking the study language of the school

ME: autobiography and personal experience; planning the future; talents and special gifts. FRIENDS: relations with peers, basis of friendship; conflicts.

ENGLISH SPEAKING COUNTRIES: USA, Australia - map, location, best known tourist objects.

STUDYING AND JOB: career and options; career requirements.

CULTURE AND MEDIA: journalistic articles, analyzing them; famous people and their contributions to society; role models; adventure stories; Olympic games; records in various fields; sportsmen; signs, symbols; non-verbal communication; entertainment world (theater, critics).

ENVIRONMENT, HOME PLACE, ESTONIA: solar system, travelling, hiking; Estonia's nature; famous Estonians.

Language skills

Students who are not speaking the study language of the school

- noun: exceptional plural, genitive case, countable and non-countable.
- adjective; degree of comparison (positive, comparative, superlative).
- article: indefinite and definite articles, absence of an article.
- numerals and measurements, cardinal and ordinal numerals, dates, years, phone numbers;
- pronoun: possessive pronoun absolute forms *mine, yours; much/many, little/few;* pronouns *one, each other, none of them, all of them, some of them, some, any, no, every, each, all, both, another;*
- verb: Present Perfect, Past Perfect;
- verb moods: Conditional mood (First conditional); oblique mood (subordinate sentence is in present); word order in the affirmative, interrogative, and negative sentences; short replies; modal verbs *can*, *could*, *may*, *might*, *must/have to*, *mustn't*, *should*, *will*, *would*, *need*;
- adverbs: forming and comparing adverbs with the ending -ly;
- article: articles used in adverbial of time: *at, after, before, between, in , on, for, until/till, since, from...to/till, by, past;* articles used in adverbial of place: *in, at, on, up, under, above, behind, in front of, between, to, into, towards, up to, over, from, out of, off, down, through, opposite, round, next to/beside;*
- conjunctions: conjoining conjunction *as well as, besides, not only ... but also, if, because;*
- text syntax: relative clauses: animals which/that are free; people who...);
- word-formation: adverbs with the ending *ly*;
- spelling: main usage of coma;
- punctuation: period, coma, exclamation mark, question mark, quotation marks;
- tag-questions

Syntax

Students who are not speaking the study language of the school

Definitions: opinion, fact, advertisement.

Text formation: opinion, advertisement, commercial, autobiography, biography, CV, article.

Planning a newspaper article: questions, facts, opinions.

Planning and editing own text.

Composition of the text.

Table, information presented in the summary table.

Literature

Students who are not speaking the study language of the school

Definitions: folklore jokes, figure; play, act, characters. Drama: play.

Students' own creation.

Prose: humorous sketch. anecdote.

Fiction and other art forms.

Reality and fantasy.

Figurative language.

Fictional specificity.

6th year student will read in full at least 12 books during the school year and fills out the reading journal.

Study results

At the end of the 6th year the student:

- can understand few unknown words in the text based on the context;
- can distinguish important information from heard text;
- can write a dictation based on the learned text and correct it;
- can describe and write about an event;
- can distinguish reality from fantasy and fact from opinion;
- can distinguish important information from read and heard text; can use and pass on that information with his/her own words;
- can summarize the content of a simple table;
- knows characteristics of folklore joke, play, humorous sketch, anecdote, and fantasy story;
- can present a poem or prose passage; perform in a dialogue;
- can phrase the topic of a poem and describe the mood of a poem;
- uses punctuation correctly in direct speech;
- uses conjunctive words correctly in sentences;
- can form fluent sentences and use punctuation correctly;
- recognizes nouns, adjectives, numerals, pronouns, adverbs, and verbs from the text;
- is familiar with various reading strategies;
- can find synonyms in order to avoid repetitions in sentences;

- knows or can find meaning and spelling of known and unknown words from the dictionary;
- distinguishes news and commercial/advertisement;
- distinguishes various types of literature: prose, poem, drama;
- can read aloud text; retell close to the text and briefly;
- can initiate conversation, listen other speakers and continue discussion;
- spells required words correctly.

In addition for students who don't speak the study language:

- can understand text, songs based on learned vocabulary, and as well text containing passive vocabulary;
- talk about and answer questions within the bounds of studied subjects;
- talk about everyday activities and hobbies by using learned vocabulary;
- use learned phrases with correct intonation;

English for the Year 7

Contents

Topics for language development, reading, listening, and writing

Students who are not speaking the study language of the school

ME: character, hobbies, skills, habits, health; stress; plans for future; victory and loss. FAMILY: family's budget, pocket money; co-operation;

FRIENDS: different characteristics and backgrounds.

ENVIRONMENT, HOME PLACE, ESTONIA: weather/climate; natural catastrophes; pollution; nature preservation; home place; cultural customs and habits.

WORLD: European countries: name of the country, capital, nations, languages; life in foreign country, wonders of the world.

EVERYDAY ACTIVITIES: domestic houseworks; eating at home and outside; traffic; taking risks.

STUDYING AND WORK: school and class; study skills; further education; famous scientists and inventors; sportsmen.

HOBBIES AND CULTURE: cinema, theater; literature, collecting, festivals and ceremonies.

MEDIA: modern means of communication, Internet, computer language.

Language skills

Students who are not speaking the study language of the school

- Article: exceptions; absence of articles; expressions with indefinite article, definite article, without article.
- Spelling: word contractions; word hyphenation.
- conjunctive words: therefore, after, before, until, as soon as, both ... and, (n)either ... (n)or;
- syntax: cohesion of the text;
- Conditional sentences I and II;

- modal verbs: *ought to, shall, needn't, used to + inf.* and their usage;
- prepositions: prepositions in mode adverbs *by*, *on*, *in*, *with*, *without*; most common prepositional expressions: *look at, wait for, take part in* etc.
- adverbs: forming, comparison, adverbs without ending -ly; polysemic adverbs badly, rather, right, shortly, so, still;
- verb: regular and irregular verbs; tenses *Present Simple, Past Simple, Future Simple, Present Continuous, Past Continuous, Present Prefect, Past Perfect;* oblique mood/indirect speech, concordance of tenses; passive: *Present Simple, Past Simple;*
- pronoun: a few, a lot of, (the) other(s), either, neither;
- numerals: simple fraction, decimal fraction, basic arithmetical operations;
- punctuation marks of the direct speech;
- abbreviations;
- adjectives: adjective comparison (degrees of comparison; structures not ... enough to, too...to, so, such), using adjectives when talking about nationality and citizenship; -ing-, -ed-ending (participial) adjectives;
- noun: singular and plural nouns, abstract nouns.

Syntax

Students who are not speaking the study language of the school

Definitions: curriculum vitae.

Text formation: story, description, curriculum vitae, letter.

Text composition: introduction, development, conclusion; text cohesion, forming, presentation.

Text conformity with topic and purpose.

Informatory text: summary, conceptual design.

Purpose and characteristics of communication/commodity text???

Communication/commodity text: curriculum vitae, letter.

Distinctiveness of written and oral linguistic performance.

Literature

Students who are not speaking the study language of the school

Definitions: epics; genre; scenario; topic, idea, plot, character; dialogue, scene, style. Students' own creation.

Movie scenario.

Epic literature: myth, legend; novel, travelogue.

Addressee, topic, idea, plot, character of the work of literature.

Connections between literature and other art forms.

Study results

At the end of the 7th year the student:

- can use correct punctuation in direct and indirect speech; can read and use in text common English abbreviations;
- can structure text;
- can write a story, description, simple discussion; curriculum vitae;

- can use spelling rules, correctly use capital and lowercase letters;
- can write conjuncted text: personal letter, congratulation card, welcome card, thank you card, invitation, note/notice, simple communication/commodity letter, (descriptive, narrative) short essay;
- can use following forms to pass on experienced things, read, and heard text: note/notice, short summary, (retold) story, description (of picture, space, person);
- based on the task or necessity uses global, selective, or detailed listening and reading;
- knows literature's basic definitions: epics, story/tale, novel, myth, poem, play, topic, character, dialogue, composition, style;
- takes part in the conversation in the form of guided conversation, communication situation, role play;
- has read at least 15 fictional/literature books.

English for the Year 8 and 9

Contents

Topics for language development, reading, listening, and writing

Students who are not speaking the study language of the school

ME: relations with others.

FAMILY AND HOME: types of families; relationships among family members;

FRIENDS: realtions with friends; keeping one's word, friendship, honesty, trust, conflicts and solving them; common activities.

ENVIRONMENT, HOME PLACE, ESTONIA: home place, cultural customs and habits. WORLD: space; crime; different types of schools.

ENGLISH SPEAKING COUNTRIES: symbols, cultural customs, habits.

EVERYDAY ACTIVITIES: clothing and accessories through history; trade/commerce – buying and selling.

STUDYING AND WORK: unusual professions; choosing a profession, future job.

HOBBIES AND CULTURE: types of travelling; television, radio, journalism; music styles.

Language skills

Students who are not speaking the study language of the school

- Word-formation: prefixes and suffixes un-, dis-, re-, im-, anti-, non-, post-, pre-, un-, in-, de-, mis-, over-, re-, sub-, trans-, under-; -(t)ion, -ly, -ism, -ion/-ation, -ing, -ness, -ment- ence/-ance, -ess, -ity, -ship, -al, -ed, ent/-ant, -ful, -ive, -less, -ous, -ly, -y, -able;
- *it* and *there* at the beginning of a sentence; position of temporal adverbs, frequency adverbs and adverbs of place and manner in the sentence;
- preposition: phrases with preposition at the beginning of, by means of etc; nouns and adjectives that need certain prepositions in front of them by car, for sale, at last etc.; nouns, adjectives, and verbs that need certain prepositions behind them advice on, afraid of, belong to;
- verbs: Future in the Past; imperative mode; structures *to+inf, -ing* form (Gerund);

- verb: Present Simple, Past Simple, Future Simple, Present Continuous, Past Continuous, Present Perfect, Past Perfect; indirect speech, concordance of tenses; passiv.
- Pronoun: relative pronouns *that, who, whom, whose, which;*
- numerals: percent; conjunctive word and in numerals; reading numerals 0 in various ways, various measurements;
- article: using articles in persons' names and geographical names;
- spelling: forms with suffixes; idioms in language;
- adverbs with coincidental forms *fast, hard, late, little, long, loud, much, right, well* etc.;
- concordance of tenses in the indirect speech; questions in the indirect speech;
- Conditional sentences (Conditional III);
- types and position of adverbs in the sentence; using conjunctions to combine sentences.

Syntax

Students who are not speaking the study language of the school

Definitions: application, interview, summary/conclusion, research paper.

Computer processing of text: marking titles, separating paragraphs, leaving a cap after the punctuation marks, correct formation of the date, table of content, choosing the font for the title page.

Text formation: discussion, application, research paper, summary/conclusion.

Text composition: figures.

Purpose and characteristics of media text.

Media text: editorial, opinion, interview.

Informational text: research paper, summary/conclusion, abstract.

Communication/commodity text: application, e-letter, professional letter.

Discussion.

Diction, volume and clarity of speech.

Construction of oral text.

Literature

Students who are not speaking the study language of the school

Definitions: lyric, dramatics; personalization, metaphor.

Students' own creation.

Lyric: free verse, sonnet, ballad.

Epics: novel, fiction, memoirs.

Composition of literary works, figures of speech, style, illustrations.

Most famous representatives of home land's literature and cultural history.

Study results

At the end of the 9th year the student:

- knows characteristics and purposes of various types of texts;
- can find important information from head and read text, bring out problems, draw a conclusion;
- knows basic definitions of literature: lyric, dramatics,

- can write research paper;
- can apply spelling rules;
- can use correct punctuation in sentences;
- can write combined text: short research paper;
- can have a conversation in the form of interview;
- can use following forms to pass on experienced things, read, and heard text: conclusion/summary, short research paper;
- based on the task or necessity uses global, selective, or detailed listening and reading;
- can interpret and declaim a poem
- recognizes most important figures from the text: comparison, personalization, metaphor, repetition;
- has read at least 15 fictional/literature books.

Estonian

Estonian for the Year 1

Topics:

ME AND FAMILY Family Family members Birthdays Home: location, furniture, things at home

ME AND ENVIRONMENT Personal information Place of living Address Phone number Way to school School, class Colors

ME AND HOME Clothes Week days Time: full hour and half Counting numbers until 100 Money

ME AND WORK School and class room, things in there Subjects Activities in lessons

ME AND HOLIDAY Play mates Friends

ME AND HEALTH Body parts

ME AND CULTURE National symbolic, national flower, bird and tree

At the end of the 1st year the student:

- is able to read simple words
- is able to express himself as much as possible by vocabulary
- is able to recognize words learned in first year

Estonian for the year 2

Topics:

ME AND FAMILY How do people look like Home: location, furniture, things at home

ME AND ENVIRONMENT Transport and way to school Names of domestic animals and forest animals Seasons and weather

ME AND HOME Shops, shopping Meal times, meals, drinks and foods Weekdays, months, dates Time: full hour, half and quarter Counting numbers until 100, money

ME AND WORK Timetable and planning the day

ME AND HOLIDAY Play mates, friends and their character Games Activities during weekends and holidays

ME AND HEALTH Taking care of the look and health

ME AND CULTURE Kadripäev, Mardipäev, Christmas, Valentines Day, Mothers Day, Midsummer Night

At the end of the 2nd year the student:

- is able to read simple words and sentences
- is able to answer to some questions about himself
- is able to copy text from blackboard or from book

- 17
 - is able to write birthday card or invitation
 - is able to recognize words learned during the study year

Estonian for the year 3

Topics

ME AND FAMILY Activities at home

ME AN ENVIRONMENT Names of domestic animals, forest animals and birds. Their look Names of trees and flowers ME AND WORK Professions

ME AND HOLIDAY Games Characters from children's books Activities during weekends and holidays

ME AND CULTURE General information about Estonia

At the end of the 3rd year the student:

- is able to read with understandable pronunciation
- is able to compile questions and at according to them
- is able to use learned vocabulary
- is able to answer to the questions
- retell a simple text
- is able to tell a story about the picture
- is able to name and describe things and activities
- is able to compile a sentence using punctuation and capital letter at the beginning of the sentence
- is able to use learned vocabulary and grammar forms

Estonian for the year 4-6

Topics:

ME AND FAMILY Everyday life Relatives Rooms Events in the family Things at home, home appliance

ME AND ENVIRONMENT

18

Map of Estonia Biggest cities Estonian nature. Birds, animals, fish. Activities in town and city Differences in seasons in Estonia

ME AND HOME Giving directions Traffic Shops and eateries

ME AND WORK Preference in subjects Describing the school day Reasons to be successful in school. Failure. Rights and responsibilities in school. Parents jobs Professions and activities connected to them. City and country jobs

ME AND HOLIDAY Hobbies Sport Schools holiday Family vacation Schools parties Favorite characters from books and movies Children newspapers and magazines In cinema, theatre and concert

ME AND HEALTH Healthy lifestyle Hospital: info, communicating with doctor

MEAND PEOPLE AROUND ME

How to behave, relationships with other people Friendship Bad and good things to do

ME AND CULTURE Sightseeing and known people Library Stories and poems from Estonian children literature Fests and holidays. Estonian flag, coat of arms, anthem and President

At the end of 6th year the student knows:

- vocabulary given according to the level
- Estonian children writers
- Estonian symbols

Is able to:

- correct its pronunciation
- read out the text without mistakes

- retell the events
- write the task given: card, short message
- ratiocinate meanings of words come of context
- start conversations
- · tell about local places of sightseeing and events
- use dictionaries

Estonian for the year 7-9

Topics:

ME AND FAMILY Proof of identity Everyday life, neighbors Jobs at home Using home appliance Family traditions, invitations Thank you speech

ME AND ENVIRONMENT Estonia and its neighbors Estonian climate Estonian geographic map, plants Home place Comparing life in city and country

ME AND HOME Ways how to use transport Services Manuals, labels, guide-posts Publicity

ME AND WORK Schools role in community Need for education, forming your career Entering to school Future plans CV, application

ME AND HOLIDAY Traveling. Dream journey Preparing for journey Beautiful places in Estonia Cultural hobbies: theatre, cinema, concert, exhibition, disco Media: newspapers, magazines, television, radio, computer Sport in home place Favorite athletes

ME AND HEALTH Taking care of your health Accidents First aid Healthy lifestyles

ME AND THINGS AROUND ME Relationships between people Spending time with friends and classmates Piece of advice for friends Letter Clothing and fashion

ME AND CULTURE Culture of region Estonian culture Fragments from Estonian literature

At the end of 9th year the student is able to:

- read and understand different kind of texts in Estonian
- write different kind of texts in Estonian
- tell about Estonia
- find information from reference books
- understand the speech in dialog or monolog
- understands texts from media
- manage in everyday situations, using the appropriate style
- uses the adopted vocabulary
- make a summary
- uses basic grammar structures

SCIENCE

Science for the Year 1

SENSES Living and nonliving

MY HOME IN ESTONIA AND MY NATIVE COUNTRY Getting to know the surrounding of the school How does my home in my native country look like Are estonia and my native country similar?

ORGANISMS AND DIFFERENT PLACES TO LIVE Plants and animals on dry land Variety of animals and plants Feeding and growing Plants and animals in water Plants and animals that can live in my house What do living things need?

HUMAN Hygiene Healthy eating

By the end of 1st grade the student:

- Knows how to keep fit
- Is able to realize the connections between living organisms
- Regognizes most common animals and plants
- Understands the differences between living and nonliving items
- Understands that there is different nature in different places on earth

Science in 2nd grade

SEASONS The changes in seasons, light and temperature Plants, animals and mushrooms and seasons

MY HOME IN ESTONIA Plans, atlas, maps, pictures Reading the map. Legend Compass Depiction of my road to the school Nature of Estonia

MY NATIVE LAND Interesting places in my native country Weather in my native land WEATHER Warm and cold weather Why does our weather change? Temperature, air and wather circulation

ORGANISM GROUPS

Plants Animals Mushrooms Microorganisms Association Species Foodchain

MOVEMENT Traffic safety

By the end of 2nd grade the student:

- Is able to point out the quarters and knows how to use them
- Draws a simple map of the school road withoud a scale
- Is able to use very simple maps and knows the simple map symbols
- Identifies living organisms around his/her house
- Notices seasonal changes and is able to describe them
- Names and groups different living items around home
- Is able to describe the climate in hes/her native land, notices the differences and similarities af the weather in different countries

Science for the Year 3

SENSES AND EXPLORING Items and materials Liquids and solids

HUMAN Outer structure Food and healthy eating Hygiene The connections between people and the environment surrounding him/her

COMPARING AND MEASURING Mass, height, temperature

MOVING The characteristics of movement Force as a cause of move Traffic ELECTRICITY AND MAGNETISM Composing an electrical circuit. Cell, wires, swich, lamp. Conductors and nonconductors Using and saving electricity Safety

Magnets and magnetism Compass Getting to know magnets through practical activities

MAP Estonian map: highlands, flatlands, islands, lakes, rivers and cities Students` native land map: bigger cities, rivers, lakes Different countries on the map Time is not the same everywhere

By the end of 3rd grade the student:

- Uses the compass
- Detects Estonia and hes/her native land on a map
- Recognizes the biggest lakes, rivers, mountains and cities of Estonia and native land on a map
- Recognizes and names the biggest countries of the world on a map
- Understands that people change the environment and therefore we have to be responsible
- Is able to use simple electrical devices withot harming himself/herself or other people around
- Knows fire safety rules

Science for the Year 4

LIFE ON EARTH Uni- and multicellulars Life expressions: feeding, breathing, reproduction Evolution Healthy environment

HUMAN Origin of human Human compared to other animals Plants, animals, mushrooms and other living organisms as a energy source for people

AIR

Composition of air Characteristics of air Heat expansion Heat transfer through air Winds Atmosphere as the protecting layer of Earth Oxygen Spreading of organisms using air Pollution and how to avoid pollution

SOIL Composition of soil Formation of soil

Water in soil Soil as a place to live Soil and plants Seasons affect the soil How can we change the characteristics of soil Erosion and pollution of soil, how to avoid it?

CLIMATE IN ESTONIA AND OTHER REGIONS ON EARTH Weather and climate. What is the difference? Weather characteristics: temperature, airpressure, wind, precipitation Weatherforecast Baltic sea affects the climate in baltic states and northern Europe How does climate affect living nature

Weather affects us

By the end of 4th grade the student:

- Is able to explain the climate of Estonia and native country
- Understands the basic needs for staying alive
- Understands the life expressions
- Has an overview about the structure of human and how does the body work
- Understands that air affects the climate
- Understands the structure of soil and how is it connected to life in the soil
- Is able to recognise the pollution of air and soil and knows how to avoid such pollution
- Understands the importance of air

Science for the Year 5

HUMAN Structure: cell, organs, organsystem Tasks of organsystems Unity of organisms

LIVING ENVIRONMENTS IN ESTONIA, NATIVE LAND AND OTHER COUNTRIES SETTLEMENTS Countrysides Cities City as an ecosystem Environment and health

GARDEN Fruit- and vegetable gardens Parks

FIELD How fields have become a part of our everyday life Soil fertility Chemical protection affects the nature Organic farming 25

MEADOW

Natural and unnatural meadows Different types of meadows Living conditions on a field Common plants and animals on a meadow Foodchains and –webs on meadows Why should we protect the meadows and how?

FOREST Forest layers Different types of forests The importance of forests Human factor on forests Protection of forests

SWAMP AND BOG

The formation of the swamp Development of a swamp Swamp as a waterbody Living conditions in swamp Foodchains Importance of swamps Protections of swamps

LAKES

Nutritive aspects of a lake Living conditions of a lake Foodchains Importance and protection of lakes

RIVERS Nutritive aspects of rivers Waterflow in rivers Living conditions in rivers Foodchains Importance and protection of rivers

BALTIC SEA Bays, islands and peninsulas Coast Living conditions in the baltic sea Foodchains How baltic sea has affected people living around the sea Pollution and protection of the sea

WILDLIFE PROTECTION IN ESTONIA AND OTHER COUNTRIES History of WP Why does the life around need protection? How can I protect the nature? Present situation of WP

By the end of 5th grade the student:

- Identifies different environments
- Knows different biocoenosis types, is able to identify most common plants and animals inhabiting them and understands the connections between organisms in biocoenosis
- Is able to explain the human aspects on nature
- Is able to take care of houshold plants: planting, fertilizing, watering, amount of sunlight

Science for the Year 6

STRUCTURE OF EARTH AND ITS' FORMATION Rocks and fossils Natural sources Vulcanoes and earthquakes Age of earth The inner structure of earth Plate dectonics Sediments and soil

- UNIVERSE Sky Sun Solarsystem Gravity
- MAPS Earth is a sphere. Size The globe Depiction of earth on maps Continents Seas Geographical maps Pointing out the direction Scale on a map Cartography Meridians and other important lines on maps Timezones Population and economy of countries around us

WATERBODIES Physical and chemical characteristics of water Wetting and nonwetting Heating up and cooling down States of water Mixing and solving 27

Humidity Water cycle Precipitation and the importance of it How is water distributed on earth Groundwater Adaptions to life in water Pollution of water and how to clear it up

RENEWABLE AND NONREPRODUCTIBLE NATURAL RESOURCES

Natural resources Terms of climate affects the formation of natural resources Environmental problems Alternative energy resources

By the end of 6th grade student:

- Has a simple overview about our solar system and is able to explain the importance of sunlight
- Has a simple overview about inner structure of earth
- Names the continents and oceans
- Is able to use atlas and maps if searching for information
- Knows the common energy sources and knows how it is possible to use them
- Understands the importance of water
- Is capable of noticing water pollution and knows how to keep natural water clean
- Knows common rocks and is able to explain how sediments are formed

Science for the Year 7

SUBSTANCE AND MATTER Particles: molecule, atom Molecular formula Simple and complex compound Pure substance Mixtures Solutions Purifying of mixtures Toxic substances Wildlife protection

MOTION Mechanical motion Trajector Speed Particles in motion

INTERACTIONS Changing of speed Force Elasticity Friction Balance of forces

STRUCTURE OF SUBSTANCES Gas, liquid and solid Change of state Heat expansion Temperature Gas pressure Density

ATOM Atomic structure Ions Ionic bond Chemical reactions

MECHANICAL ENERGY Mechanical work and energy Kinetic and potential energy Heat and changes in the states of matter

By the end of 7th grade the student:

- Understands the structure and movements in matter
- Understands the states of matter and how can we change it
- Understands the structure of atom
- Understands the heat transfer betwen different materials
- Knows the chemical signs and basic characteristics of hydrogen, oxygen, nitrogen and carbon
- Is capable of explaining burning and photosynthesis using given chemical reactions

Geography for the Year 7

SURFACE Surface structures Continents and oceans Highlands, mountains, flatlands Surface on maps Surface of ocean bottom Climate as a designer of surface Erosion and efflorescence

CLIMATE Structure of atmosphere Climate and factors that build it up amd form it The amount of sunlight depending of the latitude Seasons Wind geography Continental and maritime climate Altitudal zonality

Climate zones Climate diagram

WATER Oceans and other water on earth Salinity Streams High and low tide Inner land water bodies Glaciers Manmade waterbodies Usage of water and protection

By the end of 7th grade the student:

- Is able to name the landshapes and is able to explain their formation
- Understands the effect of climate to landshapes
- Knows the basic climate designers
- Is able to name and characterize the climate zones
- Understands the segregation of water on earth
- Understands the importance and formation of glaciers

Geography for the Year 8

BIOMES Equatorial rainforests Savannah Deserts Mediterranean forests Temperate zone grasslands Temperate zone forests Tundra Ice zone Altitudal zonality

POPULATION

Location and density of people on earth Natural, economical and historical factors that have affected the location of people Developed and developing countries Accretion Migration and the results of it Urbanisation Geographical investigations nowadays

EUROPE The location Nature Population The political location European Union

Cultural and natural backround of different european regions

By the end of 8th grade the student:

- Understands the political, natural and cultural characteristics of Europe
- Is able to explain the differences between different biomes and understands the reasons for these differences
- Understands the affect that human aspect has on nature and vice versa
- Is able to explain the altitudal zonality
- Knows the crowded and less crouded areas on Earth and is capable to explain the causes

Geography for the Year 9

ESTONIA AND STUDENTS' NATIVE LAND Geographical location, boards, size Map Geological structure Natural sources: formation and usage Relief and how has it formed Climate affectors The differences in climate across the country Baltic sea **Rivers** Lakes Groundwater Swamps Soil Human factor: size and results Nature protection

POPULATION AND LOCATION

Population since remote antiquity Where can I get information about population and its` changes? Migration in different periods Structure of population Accretion Administrative division Settlements

INTRODUCTION OF ECONOMICAL GEOGRAPHY

Political and political-gographical location What affects the development of economy: export, import Energy Natural sources Alternative energy Forest, timber, wood Agriculture Food stuff industry Machinery Light industry Transport Roads, ports Logistics International transport Business and social sectors Foreign economy

By the end of 9th grade the student:

- Is able to analyze the political, economical and natural location of Estonia and the native country
- Understands the natural affectors that sustain the formation of economy
- Is able to explain plainly the geological structure, climate, relief, water segregation, soil and flora of Estonia and native country
- Is able to explain population and the changes in population
- Is able to analyze plainly the current state of economy of Estonia and native country
- Is able to define his/her home place from the social and economical point of view
- Is capable of reading different types of maps and is able to find, process and express the data
- Is able to pull through simple investigations and observations in nature

Biology for the Year 7

EXPRESSIONS OF LIFE Phylogenesis The main expressions of life

VERTEBRATES

Fish: outer and inner structure, reproduction, development, adaptions to life Amphibians: outer and inner structure, reproduction, development, adaptions to life Birds: outer and inner structure, reproduction, development, adaptions to life Mammals: outer and inner structure, reproduction, development, adaptions to life

PLANTS Flowering plants Plant organs and their tasks Plant cell Basic plant tissue types The reproduction and development of plants Structure and characteristics of gymnosperms, pteridophyta and moss Te diversity of higher plants, the part in ecosystem and the importance of them

By the end of 7th grade the student:

- Understands the basic life expressions
- Knows the organism groups and the connections between them
- Is able to detect living and nonliving items
- Is capable of defining species and comparing them
- Notices different organs and organ systems

 Is able to give a simple explanation of the organs structure and the connections between different organs

Biology for the Year 8

MICROSCOPIC WORLD Plant and animal cell in closer look Viruses Bacteria Protozoa

FUNGI, ALGA AND LICHENS

The diversity of fungi, the structural characteristics and reproduction The part of fungi in natural world Uni- and multicellular alga, reproduction The part of alga in natural world The structural characteristics of lichens and reproduction The part of lichens in natural world

INVERTEBRATES

Sponges: simple overall look, reproduction, development, diversity Coelenterata: simple overall look, reproduction, development, diversity Worms: simple overall look, reproduction, development, diversity Molluscs: simple overall look, reproduction, development, diversity Arthropoda: simple overall look, reproduction, development, diversity Echinoderms: simple overall look, reproduction, development, diversity

ECOSYSTEM Species Foodwebs Auto- and heterotrophs Biosphere Wildlife protection Global issues

By the end of 8th grade the student:

- Understands the cell structure
- Understands the fundamental features of organisms structure
- Knows the organism groups
- Understands the importance of wildlife protection and knows how to act environmenrtal friendly
- Knows how to work with encyclopedias and atlas/appointers
- Recognises the differences between species and is able to define simple species independently
- Understands the connections between the structure and the task of organs
- Understands the importance of diversity

Biology for the Year 9

HUMAN BIOLOGY Cell Tissue Organs Organsystems

ORGANSYSTEMS

The fundamental lines of human organ systems Skin Support and motive organsystem Blood circulation Breathing system Digestion Emunctory organs Nervous system Glands of internal secretion Immunity system Sexual organs Development from pregnancy till death

HEREDITY

DNA, genes, chromosomes Defining the sex Inherited and not inherited mutations GMO – genetically modyfied organisms Inherited and not inherited deseases EVOLUTION Inherited mutations as a material for evolution Natural selection and fighting for existence Mechanisms of development of species The biological and social evolution of human

By the end of 9th grade the student:

- Understands the fundamental features of human organs and organsystems
- Is able to explain the steps of individual development of human
- Knows the basics of heredity
- Understands the basic mechanisms of evolution of living nature
- Is able to apply the studied material and associates it with his/her previous knowledge
- Is able to plan a simple investigation
- Is able to carry through observations and register officially the received data
- Is able to expound the results orally and in written form
- Is able to orientate in data
- Is able to predict the affects to nature that his/her activity might cause

Chemistry for the Year 8

INTRODUCTION TO CHEMISTRY Substances and their characteristics Chemical reactions Solutions Mixes The % composition in solutions Lab kit Safety in the lab

ATOM. PERIODIC TABLE Atom model Chemical elements The structure of the periodic table, the connections between the table and the electron structure of atoms

MOLECULES. SIMPLE AND COMPLEX COMPOUNDS Chemical bond Moleculmass Metals and nonmetrals, simple and complex compounds Chemical formula Chemical reactions

OXYGEN. OXIDE. HYDROGEN

Oxygen Oxydation level Oxides Hydrogen Oxydizer and reducer Oxygen as the oxydizer Red-ox-reactions Sums and calculation based on reactions

CHEMICAL COMPOUNDS Acids: formation, safety, chemical and physical characteristics Basics: formation, safety, chemical and physical characteristics Ph Salts: formation, safety, chemical and physical characteristics

By the end of 8th grade the student:

- Knows the fundamental physical and chemical characteristic features of oxides, acids, basics and salts
- Knows the basic activities to build up a chemical reaction
- Knows the safety rules when working with chemicals
- Knows the fundamental definitions for chemical reaction, chemical element, atom, ion, molecule, chemical bond, simple compound, complex compound, metal, nonmetal, oxide, acid, basic, salt, indicator, red-ox.reaction, reducer, oxydizer, solution, burning, mass % of a solution
- Understands the connections between the elements' location in the periodic table

and the structure of the elements` atom

- Is able to explain the changes in elements according to the movement in the periodic table
- Is able to define by the formula wether it is an acid, basic, oxide or a salt
- Is able to write out simple reactions: simple compound + O2, oxide+water, acid+metal, acid+basic
- Works in the lab with particular neatness, punctuality and care and without harming him/herself and other people

Chemistry for the Year 9

OVERALL VIEW OF WELLKNOWN METALS. ALLOYS. USAGE Aluminium Iron Sodium Calcium Stannum (Tin) Copper Gold Silver Zinc Mercury

AMOUNT AND MASS Mol as the main unit Molarmass Molar sums Sums based on reactions

CARBON AND CARBON COMPOUNDS Carbon The compounds made out of carbon and the diversity among them Molecules have 3 dimensional structure Structure formulas The important speciments of alcohols and carboxylacids Compounds that contain carbon are daily living needs

SOLUTIONS Solving process, warming effect Aspects that affect solvability Calculating the composition of solution based on mass% and density Water hardness Real solutions and disperssed phases

CHEMISTRY IN OUR EVERYDAY LIFE Natural and synthetic compounds Fibre Chemical articles of consumption Safety Chemistry and living areas Pollution sources in living areas

By the end of 9th grade the student:

- Knows the names and symbols of more important elements (~20)
- Knows the chemical and physical characteristics of metals
- Understands the backround of different reactions that take place in nature
- Understands the difference between chemical and physical characteristics
- Understands the needs for safety rules
- Is able to recognize the happening of a chemical reaction
- Is able to write down chemical structure osing given atoms (C, H, O), define based on structure formula carbohydrates, alcohols and carboxylacids
- Is able to write down the burning reactions of carbohydrates
- Is able to explain given reactions
- Is able to explain the usage of more important elements in everydaylife and agriculture
- Is able to characterize the most common sources of chemical pollution ant the affect on nature (ozon gaps, acid rain, over fertilization)

Science (Physics) for the Year 7

LIGHT PHYSICS Light sources Light ray Shadow Reflection Bending of light Lenses Glases Eye The sectrum of light

ELECTRICITY AND MOTORS THAT WORK ON ELECTRICITY

By the end of 7th grade the student

- Knows the fundamental features of light physics
- Observe different light effects and is able to explain them simply based on physical knowledge
- Is able to carry through simple physical experiments

Physics for the Year 8

MECHANICS Weighing, measuring, density of bodies Prefixes: kilo-, deci-, centi-, milli-
37

Mechanical motion, trajector, speed

Oscillation, amplitude, period, frequency

Pressure, elasticity, friction

Mechanical work and energy: work, power, force, energy, swimming, buoyancy

Sound: speed of sound, the connections between the frequency and the height of the voice

HEAT

The models of gas, liquid and solid structures, intrinsic energy, particles` speed depending on the temperature, thermometer

Heat transfer: conduction of heat, convection, calorie, thermos

The changes in the state of matter: melting and hardening, meltingpoint, evaporation, condensation, boiling

By the end of 8th grade the student

- Knows the characteristics, the terms of appearance and connections with other physical effects of physical phenomenons (mechanics and heat)
- Knows the definitions of physical concepts (mechanics and heat) including units, sizes and signs
- Knows the formulas that point out the connections between different concepts
- Is able to handle physics kit
- Is able to observe different heat and mechanical effects and explain them using gained knowledge
- Is able to work with dictionaries and other sources of data
- Is able to process data and make conclusions based on the data

Physics for the Year 9

ELECTRICITY

Charge, elementary charge, electroscope, electrical field, conductor, isolator Current, metals, free charge carriers, amperage, ampermeter Electric circle, voltage, voltmeter, Ohm's law, resistance, rheostat, the connections between voltage and amperage by series and by parallel circuit Work and power by current Safety Magnetism and electricity

ATOM AND UNIVERSE

Molecule, the interactions between molecules Atom, electron, proton, neutron, atom core Formation of light: Bohrs atom, radiation and adsorption of light by portions (quantums), core reactions, radioactive decomposition, releasing of intrinsic energy by core reactions Wildlife protection Astronomy Galaxy, star Solarsystems, planet, comet, meteor, satellite Seasons Moon phases

By the end of 9th grade the student:

- Knows the basic characteristics of physical phenomena and the connections between different phenomenas
- Knows the definitions of physical concepts (mechanics and heat) including units, sizes and signs
- Knows the formulas that point out the connections between different concepts
- Is able to handle physics kit
- Is able to work with dictionaries, graphs, tables and other sources of data
- Is able to solve graphical and calculatory tasks
- Is able to process data and make conclusions based on the data
- Is able to put together a device based on given scheme for carrying through the experiment

MATHEMATICS <u>Mathematics for the year 1</u> Content of studies

NUMBERS

Number 0.

Number as a result of counting.

Ordering numbers.

Adding and subtracting numbers without crossing boundaries inside 100.

Adding and subtracting numbers with crossing boundaries inside 20.

Odd and even numbers.

Strategies for calculating by heart and in writing.

Relations greater than, less than, equal.

Letter or symbol standing for number.

Introducing fractions 1/2, 1/3, 1/4.

Equation and inequalty.

MEASURES

Time measures minute, hour, twenty-four hour period, week, month, year.

Kroon. Pound. Cent. Penny.

Capacity measure litre.

Measuring mass.

Mass measures kilogram.

Calculations involving measures (by heart and in writing)

Measuring length.

Length measures centimetre, metre.

The relations between length measures.

Quantity as a result of measuring.

Making, analysing, and solving one step text problems.

Measuring values.

GEOMETRIC SHAPES

Drawing a line segment with a given length.

Triangle, rectangle, their vertices, sides and angles.

Hexagon.

The length of a line segment.

Point and line segment.

Circle and circumference.

Rectangle and square.

Cuboid, cube, sphere, cylinder, cone, pyramid, observing and finding these shapes in the environment and from pictures.

Right angle.

Pentagon.

Study results

The 1st grade graduate knows:

- the time to half an hour and calendar;
- easier 2D and 3D shapes (circle, triangle,quadrilateral, square, rectangle, pentagon, hexagon, sphere, cube, cylinder, cone);
- the structure of natural numbers in decimal system;
- unknown symbol in the operation;
- the days of teh week and seasons;

The 1st grade gratuate is able to:

- make one step text problems.
- estimate a set that con be checked by counting;
- add and subtract to 20;
- add and subtract numbers without crossing boundaries inside 100.
- place the position of a number among natural numbers;
- compare numbers;
- arrange events in time;
- reading data from bar cahart and pictogram;
- compare line segments by measuring;
- compare different capacities by measuring.

Mathematics for the Year 2 Content of studies

NUMBERS

The structure of natural numbers in decimal system: U, T, H, partition, one digit and multiplace numbers;

Multiplying and dividing numbers inside 100.

Adding and subtracting numbers inside 1000.

Finding a part (fraction) of a number and finfing a number if a part (fraction) is given. Expression.

Ordinal number.

Strategies for addition and multiplication.

The relation between addition and subtaction, and multiplication and division.

Odd and even numbers.

Strategies for calculating by heart and in writing.

Letter or symbol standing for number.

Order of operation.

Properties of operations

Fractions 1/2, 1/3, 1/4, 3/4, 1/5, 1/6, 1/7, 1/8, 1/9 and 1/10.

QUANTITIES

Time calculations using clock and calendar.

Time measures second, minute, hour, twenty-four hour period, week, month, year.

The relations between measures of time.

Kroon. Pound. Cent. Penny.

Capacity measure litre.

Measuring mass.

Mass measures gram, kilogram.

The relations between mass measures.

Calculations involving measures (by heart and in writing)

Measuring length.

Length measures millimetre, centimetre, metre, kilometre.

The relations between length measures.

Quantity as a result of measuring.

Making, analysing, and solving one and two step text problems.

Measuring values.

GEOMETRIC SHAPES

Drawing a line segment with a given length.

Triangle, rectangle, their vertices, sides and angles.

Making a model of cube and pyramid by cluing the nets.

Hexagon.

The length of a line segment.

Broken line, the length of that.

Point, line, and line segment.

Circle and circumference.

Rectangle and square.

Cuboid, cube, sphere, cylinder, cone, pyramid, observing and finding these shapes in the environment and from pictures.

Right angle. Pentagon.

Study results

The 2nd grade graduate knows:

- units of measurements and the relations between them;
- the time to half an hour and quarter of an hour;
- fractions 1/2, 1/3, ..., 1/6 ja 2/3, 3/4.

The 2nd grade graduate is able to:

- analyse and solve one and two step text problems.
- add, subtract, multiply, and divide by heart numbers to 100;
- count in 1s, 2s, 5s, 10s, and 100s to 1000;
- compare lengths, masses, and capcities by measuring.

Mathematics for the Year 3

Content of studies

NUMBERS

Finding a part (fraction) of a number and finfing a number if a part (fraction) is given. Adding and subtracting numbers inside 10 000.

Expression.

The value of an expression.

Strategies for addition and multiplication.

The relation between addition and subtaction, and multiplication and division.

Strategies for calculating by heart and in writing.

Using brackets in the expression.

Finding the value of unknown letter in the expression.

Order of operation.

Properties of operations

Fractions 1/2, 1/3, 1/4, 1/5, 1/10.

Explaining inequalty by adding.

QUANTITIES

Time calculations using clock and calendar.

Time measures second, minute, hour, twenty-four hour period, week, month, year, century.

The relations between measures of time.

Currencies.

Capacity measure litre.

Measuring mass.

Mass measures gram, kilogram, centner, ton.

The relations between mass measures.

Calculations involving measures (by heart and in writing)

Measuring length.

Length measures millimetre, centimetre, decimetre, metre, kilometre.

The relations between length measures.

Measureing temperature: thermometre, the scale of a thermometre.

Making, analysing, and solving one and two step text problems.

Measuring values.

GEOMETRIC SHAPES

Making a model of cube and pyramid by cluing the nets.

Hexagon.

Drawing circles by using compasses.

Circle and circumference.

Cuboid, cube, sphere, cylinder, cone, pyramid, observing and finding these shapes in the environment and from pictures.

Right angle.

Pentagon.

The problems involving 2D and 3D shapes.

Equilateral triangle, findinf its peripetre and drawing it by using compasses and ruler.

Study results

The 3rd grade graduate knows:

- he order of natural numbert to 10 000;
- the names of componentsa and results of all four operations;
- by heart the timetable;
- the order of operations in an expression.
- The 3rd grade graduate is able to:
- calculte the length of a broken line;

- draw a line segment with a given length, draw a triangle, quadrilateral, circle, by using ruler or compasses;
- add and subtract four digit numbers in writing;
- find the value of an unknown by trial and using the relations berween data and the unknown;
- find the unknown in an inequalty by trial;
- add and subtract similar numbers;
- read and write numbers to 10 000;
- determine the order of operations in an expression.

Mathematics for the Year 4 Content of studies

CALCULATING AND MEASURING

The elements of number theory: divisibility tests, composite numbers.

Calculatind the perimetre and area of geomertic shapes.

Common fractions.

Calculation strategies by heart, in writing, and using calculator.

Decimal fractions, operations with these (adding and subtracting).

Measuring and measures: length, area, time, mass, angle, currency.

The set of natural numbers.

Negative numbers, numberline.

Handling data: collecting and organising data, frequency table, using diagrams to present data, relative frequency, probability.

Solving multistep problems.

Co-ordinates on the plane.

Solving simple economical problems (involving buying and selling)

GEOMETRY

Solving multistep problems.

3D shapes: cuboid, cube, triangular prism.

2D shapes: point, straight line, ray, line segment; angle, measuring angles and comparing angles; triangle, the properties of equal triangles; rectangle, square, circle, circumference; the perimetre of rectangle and triangle.

ALGEBRA

Solving multistep problems.

Letter to stand for an unknown.

LOGIC

Concept, defining, classifying, explaining.

Study results

The 4th grade graduate knows:

- the measures and units between them;
- the ralations between the data and results of arithmetical operations;
- numberline and co-ordinates on the plane;
- the decimal system, Natural numbers, decimal fractions, and common fractions;
- the order of operations.

The 4th grade graduate is able to:

- calculate with Natural numbers by heart, in writing and using calculator and use the knowlege to solve text problems;
- read data from a graph (eg time-temperature graph);
- use compasses, ruler, square set, and protector in simple geometrical constructions: draw parallel lines, draw a triangle in three basic cases, measure the angle;
- Make frequency tables and draw diagrams;
- find the point on co-ordinate plane and find the co-ordinates of a point;
- read, write and order Natural numbers and decimal fractions;
- reading data from a table, present simple data graphically;
- when solving problems, use the relations between units of measures;
- to calculate with decimal fractions in writing and using calculator and use the knowlege to solve text problems.

Mathematics for the Year 5 Content of studies

CALCULATING AND MEASURING

Absolute value of a number.

The concept of a square of a number

The elements of number theory: divisibility tests, prime numbers, composite numbers.

Calculating the perimetre and area of geometrical shapes.

Common fractions, calculations.

Calculation strategies by heart, in writing, and using calculator.

Decimal fractions, operations with these (adding and subtracting).

Sipmpe graphs;

Measuring and measures: length, area, time, mass, angle, currency.

Handling data: collecting and organising data, frequency table, using diagrams to

44

present data, relative frequency, probability.

Solving multistep problems.

Co-ordinates on the plane.

Solving simple economical problems (involving buying and selling)

GEOMETRY.

Solving multistep and "real life" problems.

3D shapes: cuboid, cube, triangular prism, pentagonal prism, hexagonal prism, sphere.

Using compasses, ruler, square set and protector in geometrical constructions.

Plane geometry: point, straight line, ray, line segment; angle, measuring angles and comparing angles; triangle, the properties of equal triangles; rectangle, square, circle, circumference; the perimetre of rectangle and triangle.

ALGEBRA.

Variable.

Solving multistep problems.

A letter to stand for unknown.

LOGIC.

Special properties, general properties: some, all, none et alia; Concept, defining, classifying, explaining.

Study results

The 5th grade graduate knows:

- numberline and co-ordinates on the plane;
- mean, mode, median;
- fractions, improper fractions and mixed numbers;
- order of operation.

The 5th grade graduate is able to:

- to calculate with Natural numbers and decimals by heart, in writing and using calculator and use the knowlege to solve text problems;
- find the perimetre and area of rectangle, square and triangle;
- read data from a graph (eg time-temperature graph);
- use compasses, ruler, square set, and protector in simple geometrical constructions: draw parallel lines, draw a triangle in three basic cases, measure the angle;
- classify triangles;
- make frequency tables and draw diagrams;
- find the point on co-ordinate plane and find the co-ordinates of a point;

- reading data from a table, present simple data graphically;
- simplify fractions and recognise equal fractions;
- when solving problems, use the relations between units of measures.

Mathematics for the Year 6

Content of studies

CALCULATING AND MEASURING

The concept of a square and cube of a number

The elements of number theory: divisibility tests, prime numbers, composite numbers, LCM, HCF.

Calculating the perimetre and area of geometrical shapes.

Common fractions, calculations.

Calculation strategies by heart, in writing, and using calculator.

Decimal fractions, operations with these (adding and subtracting).

Sipmpe graphs;

Measuring and measures: length, area, time, mass, angle, currency.

Handling data: collecting and organising data, frequency table, using diagrams to present data, relative frequency, probability.

Solving multistep problems.

Percentage.

Co-ordinates on the plane.

Solving simple economical problems (involving buying and selling)

GEOMETRY.

Solving multistep and "real life" problems.

3D shapes: cuboid, cube, triangular prism, pentagonal prism, hexagonal prism, sphere.

Pie chart.

Using compasses, ruler, square set and protector in geometrical constructions.

2D shapes: point, straight line, ray, line segment; angle, measuring angles and comparing angles, classifying angles; two straight lines on the plane, angles related: supplementary angles, vertically opposite angles; triangle: classifying triangles, the sum of interior angles, porperties of equal triangles; rectangle, square, circle, circumference; the perimetre of rectangle and triangle.

ALGEBRA.

Express the properties of arithmetical operations using letters.

Simple expressions involving letters and calculating the value of these.

Solving simple equations and the relations between the data and the result.

Variable. Solving multistep problems. A letter to stand for unknown. Formula. The concept of equation

LOGIC.

Special properties, general properties: some, all, none et alia; Concept, defining, classifying, explaining.

Study results

The 6th grade graduate knows:

- the measurements and the relations between them;
- the relations between the data and the result of arithmetical operations;
- numberline and co-ordinates on the plane;
- the fundamental property of common fraction and simplifying fractions;
- the sum of interior angles of a triangle and the porperties of equal triangles;
- percentage.

The 6th grade graduate is able to:

- to calculate with simple common fractions, convers common fractons to decimal fractions and vice versa;
- to calculate with Natural numbers and decimals by heart, in writing and using calculator and use the knowlege to solve text problems;
- find the perimetre and area of rectangle, square, triangle and circle;
- find the length od circumference, the volume of cuboid and cube;
- read data from a graphs, find mode and mean;
- read data from a graph (eg time-temperature graph);
- use compasses, ruler, square set, and protector in simple geometrical constructions: draw parallel lines, draw a triangle in three basic cases, measure the angle;
- use relations between the data and the result of aritmethical operations to solve simple equations;
- classify triangles;
- solve percentage problems;
- expand and simplify fractions;
- find and use reciprocal of a number;
- simplify exspressions and calculate simplethe valueof unknown;
- find the point on co-ordinate plane and find the co-ordinates of a point;
- use the properties of interior angles of a triangle and the properties of equal triangles when solving problems;

47

- reading data from a table, present simple data graphically;
- when solving problems, use the relations between units of measures.

Mathematics for the Year 7

Content of studies

CALCULATING.

Arithmetical calculations with rational numbers, whole number powers. Square root.

Calculating areas and volums of geometrical shapes.

Approximate numbers.

Solving multistep problems.

Statistics: mean, mode, median, avrage deviation.

The concept of probability, calculating it in simple cases.

Percentage problems, involving economical problems.

ALGEBRA AND FUNCTSIONS.

Functsions y = ax; y = a : x; y = ax + b; The graphs and properties.

Linear equation.

Changin the subject of the formula.

Equivalent transformations of whole and fractional expressions.

One unknown inequalty.

GEOMETRY.

Polygons (triangle, parallelogram, trapezium).

Midline of triangle and trapezium.

The areas of these shapes.

Solving multistep problems.

Right parallelpiped, cuboid, cube, cylinder, cone, sphere.

Parallel lines

2D shapes

LOGIC.

Deductive theory basic concepts: definition, basic conception.

Study results

The 7th grade graduate knows:

2D and 3D shapes, relations between them, their properties, how to calculate area (volume);

simple fuctional relations (linear, proportional, inversely proportional);

linear equation;

the language of Mathematics and usig it;

Rational numbers;

statistics;

probability.

The 7th grade graduate is able to:

- Calculate the perimetres, areas and volumes of 2D and 3D shapes;
- to calculate with Rational numbers and decimals by heart, in writing;
- draw the graphs of functions and read the properties of functionas from the graph;
- Order, work with, and interpret simple statistical characteristics;
- solve linear inequalties with one unknown;
- find the probability of an event by simple cases.

Mathematics for the Year 8 Content of studies

CALCULATING.

Standard form of a number. Approximate numbers. Multistep problems. Square root. Simultaneous equation. Statistics: mean, mode, median, avrage deviation. The concept of probability, calculating it in simple cases. Percentage problems, involving economical problems. ALGEBRA AND FUNCTSIONS. Algebraic formulas: $(a \pm b)^2 = a^2 \pm 2ab + b^2$; $(a + b)(a - b) = a^2 - b^2$. Using equations to solve text problems. Võrrandite rakendamine tekstülesannete lahendamisel.

GEOMETRY.

Polygons (triangle, parallelogram, trapezium, regular polygon).

The similarity of polygons.

Central angle.

The property of the medians of a triangle.

In and circum circle of triangle ond regular polygon.

Similar triangles.

Angle at the circumference, Thales' theorem.

Solving multistep problems.

Circle and circumference.

Tangent of a circle.

Right parallelpiped, cuboid, cube, cylinder, cone, sphere.

2D shapes.

LOGIC.

Deductive theory basic concepts: definition, basic conception, postulate, theorem, hypothesis, assertion, converse of a theorem, conclusion.

Study results

The 8th grade graduate knows:

- 2D and 3D shapes, relations between them, their properties, how to calculate area (volume);
- algebraic formulas;
- the language of Mathematics and usig it;
- Rational numbers;
- statistics;
- probability;
- changing subject of the formula.

The 8th grade graduate is able to:

- to calculate with Rational numbers and decimals by heart, in writing;
- draw the graphs of functions and read the properties of functionas from the graph;
- Order, work with, and interpret simple statistical characteristics;
- solve text problems using linear and simultneous equations;
- solve linear inequalties with one unknown;
- find the probability of an event by simple cases;
- simplify simple rational expressions.

Mathematics for the Year 9 Content of studies

CALCULATING.

Negative powers. Multistep problems. Solving quadratic equation, the properties of the solutions. Statistics: mean, mode, median, avrage deviation.

The concept of probability, calculating it in simple cases.

51

ALGEBRA JA FUNKTSIOONID.

Funktsions y = ax; y = a : x; y = ax + b; $y = ax^2 + bx + c$; the graphs and properties. Fractional equations.

Quadratictrinomial.

Quadratic equation.

Algebraic formulas $(a\pm b)^3$, $a^3\pm b^3$

GEOMETRY.

The ray theorem and its conclusion.

Ploting territorys.

Pythagorean theorem.

Multistep problems.

Circle and circumference.

Solving right angled triangle.

Theorems about the similarity of perimetres and areas of polygons.

Trigonometry.

LOGIC.

Deductive theory basic concepts: definition, basic conception, postulate, theorem, hypothesis, assertion, converse of a theorem, conclusion. Using logic to solve problems.

Study results

The 9th grade graduate knows:

- 2D and 3D shapes, relations between them, their properties, how to calculate area (volume);
- algebraic formulas;
- simple functional relations (linear, proportional, inversly proportional, quadratic relation);
- linear, quadratic, and fractional equations, solving them and the properties of solutions;
- linear inequalty and allowed transformatios;
- the language of Mathematics and usig it;
- negative powers;
- Rational numbers;
- statistics;
- probability.

The 9th grade graduate is able to:

• to calculate with Rational numbers and decimals by heart, in writing;

- define and classify concepts covered by the curriculum;
- solve text problems by formulating equations (linear, quadratic fractional or simultaneous equations);
- solve right angled triangles;
- find the probability of an event by simple cases;
- simplify simple rational expressions.

HISTORY

Note: teacher may adjust the difficulty levels within topics and vary the topics from separate year levels to suit them to student's prior knowledge and learning experience.

History for the Year 5

Topics

LOCAL HISTORY (YEAR START PROJECT): student's home & home land now and in the past; what was different when student's parents and grandparents were children; what signs are there about older times.

CHILDHOOD IN OUR DAYS AND IN THE PAST: grandparents as children; children in different times; games and toys through ages.

HOMES: home life in our days and in the past; houses through different times; what we need at home and how to get it – food and shopping through ages.

FAMOUS PEOPLE IN THE PAST: some famous people from world history; finding out about someone important from the past of student's home country.

OLD AND NEW THINGS: how things age; the stories things can tell us about people.

HISTORY OF WRITING: writing materials in different times and places; criting codes in different times and places.

ANCIENT CULTURES – VIKINGS: everyday life in Viking villages (materials, clothes, food); travels – raids, trade relations & new settlements; Viking ships; myths & gods; archaeological evidence of Vikings.

ANCIENT CULTURES – GREECE: famous Greeks; Crete & Mycenae; Greek city-states, their governing systems; wars with Persia; weapons & warfare; everyday life, travel & trade; Olympic games; Gods & myths; Greek art & inventions.

ANCIENT CULTURES – EGYPT: River Nile as the basis of Egyptian civilization; everyday life, buildings – mud brick houses, pyramids, food, clothes, food; People – farmers & pharaohs; Gods & beliefs, mummy-making.

Expected results of learning process

At the end of 5th grade a student:

- can tell some "personal histories" (childhood memories, student's family's stories)
- Knows a few events from home country's past
- Understands that way of life changes through times
- Is able to find answers from given material
- Understands concepts of time measuring (century, years ago, AD, BC), can use them
- Is able to answer questions based on given material; Is able to understand and explain simple historical concepts and place them to context
- Is able to describe events; understands simple cause-and-effect connections; Is able to express opinion about events or phenomena
- understands that events and processes in the past have impact to modern world; can name some examples of ancient times' legacy (e.g. inventions, discoveries)
- Understands that way of life changes through times, tries to describe him/ herself from the position of someone in the past.

History for the Year 6

Topics

LOCAL HISTORY (YEAR START PROJECT): student's home & home land now and in the past; signs & monuments of ancient times; changes over different time periods; chronology of ancient times.

ANCIENT CULTURES – ROME: Roman legacy in our world (buildings, vocabulary, laws); chronology; the legend of Romulus & Remus; Army & conquests; roads, buildings, cities; family & society – roles and classes; slavery; Republic & senate, emperors; collapse of empire; religion – ancient gods, beginning of Christianity.

ANCIENT CULTURES – CHINA: the inventions Chinese have given to the world; environment & its effect on lifestyle; religion & philosophy; everyday life, food & materials, cities; family & society; silk production; travels & contacts – Silk Road, Marco Polo; Military & warfare, The terra cotta army, The Great wall.

ANCIENT CULTURES – JAPAN: things that Japan has given to our world; environment & its effect on lifestyle; Chronology; culture, religion & philosophy; everyday life, family & women; hierarchy of society; the Samurai.

Expected results of learning process

At the end of sixth grade a student:

• is able to use basic historical sources to acquire information (text, picture, map)

- Is able to give answers or explanations to open and complex questions written and orally; is able to express his/ her opinion in written and oral form, compile a writing-frame, take part in discussion; Is able to understand and explain historical concepts and place them to context.
- Is aware that there are more than one way to interpret events and phenomena
- knows the basic outline of time-periods; is able to convert concepts of time measuring (century, years ago, AD,BC)
- Understands that way of life changes through times, is able to see connection between lifestyle and environment; is able to place him/ herself in different positions of someone in an ancient culture
- is able to give simple evaluation to facts, draw conclusions based on facts, understands simple cause-and-effect connections; is capable of writing a short enquiry
- Understands that modern world is connected to past events and cultures

History for the the Year 7

Topics

LOCAL HISTORY (YEAR START PROJECT): student's home & home land now and in the past; changes over different time periods; chronology – characterising different eras.

THE MIDDLE AGES IN EUROPE: Middle Ages in the context of world history timeline, connections with the eras that precede and follow; historical sources from Middle Ages; daily life of peasants; crafts & trade; power & governing – kings, feudal system; Catholic Church as the central structure of medieval world; Warfare, castles, knights, crusades; development of medieval towns; arts, science and architecture; cultural contacts – middle east.

END OF MIDDLE AGES AND EARLY MODERN AGE: arts - Italian Renaissance; religion protestant movements; exploration and discoveries, the New World.

Expected results of learning process

At the end of seventh grade a student:

- is able to use various historical sources to acquire information (ancient texts, modern texts, ancient pictures, reconstructions, maps, plans, simple graphs) and to comment their usefulness
- is able to create simple maps and graphs
- Is able to draw conclusions based on facts, understands simple cause-andeffect connections; is capable of finding the similarities and differences in historical phenomena.
- knows the outline of time-periods, is able to illustrate his/ her knowledge with examples; uses concepts of time measuring (century, years ago, AD,BC) fluently; recognizes and is able to use concepts 'millennium', 'CE', BCE'
- Is able to view a culture from different social positions; has basic understanding about developments of societies and states; Is able to develop a wider picture about historical processes and make generalisations
- Is able to organise information into concept frame and enquiry

History for the Year 8 Topics

LOCAL HISTORY (YEAR START PROJECT): student's home & home land now and in the past; changes over different time periods; chronology – characterizing & making generalizations about different eras; comparing changes in student's home country to key events in world history.

NATIVE PEOPLE OF NORTH AMERICA: arrival & settling of first people, at the end of last lce Age – comparison with similar processes in Europe; chronology of cultural improvements (hunting, tool-making, ceramics, agriculture, city-building); different environments – different lifestyles; portrait of a nomadic Sioux tribe; Native American

warfare; conflicts between natives and European settlers.

CIVILIZATIONS OF SOUTH AMERICA: defining a civilization; overview of major civilizations – Aztecs, Mayas, Incas; chronology.

FRENCH REVOLUTION: defining revolution; "The ancient regime" & 3 estates; background & causes of the revolution; events & chronology; results of revolution.

NAPOLEON: overview of his life; factors behind his success; overview of Napoleon's wars & his influence in Europe; The changes Napoleon made during his reign.

THE WORLD DURING INDUSTRIAL REVOLUTION (PART 1): boost of population in Europe during 18 – 19 century; industrialisation; slave trade; Colonial world & British Empire; exploration, cultural contacts & conflicts; beginning of USA.

THE IDEOLOGICAL ASPECTS OF VICTORIAN ERA: Darwin and theory of Evolution; Women's role in society, women's rights.

Expected results of learning process

At the end of eighth grade a student:

- Is able to use, interpret, and evaluate historical sources, and search for additional information; can use and make historical maps and data graphs
- Is able to draw conclusions based on facts, is able to find similarities, differences and patterns in historical phenomena, understands complex cause-and-effect connections; Understands that there are more than one way to interpret events and phenomena, offers different interpretations to them
- Is able to view a culture from different social positions, has understanding about development of societies and states
- Has developed a wider picture about historical processes, is able to make generalizations
- Has developed an understanding about the basic chronological frame of world history periods; Is able to relate new information to that frame
- Is able to give some examples of legacy of past events and cultures; describes some influential events, people and phenomena.

History for the Year 9

Topics

LOCAL HISTORY (YEAR START PROJECT): student's home & home land now and in the past; changes over different time periods; chronology – characterising & making generalisations about different eras; comparing changes in student's home country to key events in world history; interpreting the meaning of past events in the context of modern-day situation.

EUROPE IN 19TH CENTURY: national movements; development of modern boundaries; politics and international relations (British example).

WORLD WAR I: the events that lead to war; chronology and events; consequences.

WORLD BETWEEN WORLD WARS: political developments – democracies vs. dictatorships; economics - The Great depression; The birth of German III Reich; conflicts around the world; characteristics of different countries.

WORLD WAR II: background & causes; chronology & events; consequences.

POST-WORLD WAR II DEVELOPMENTS: collapse of colonial empires; birth of United Nations; popular culture; the cold war; characteristics of different countries.

Expected results of learning process

At the end of ninth grade a student:

- Is able to draw conclusions based on facts, is able to find patterns in historical phenomena, is able to distinguish short-term and long-term causes and effects of events
- Is able to view a culture from different social positions, has understanding about development of societies and states
- Is able to develop a wider picture about historical processes and make generalisations; is able to relate his/ her home country's past events to the world history.
- Is able to give examples of past events' influences in the modern-time situation in his/ her home country

PERSONAL AND SOCIAL HEALTH EDUCATION

PSE for the Year 1

Topics:

ME

Similarities and differences between *me* and other people MY BODY Taking care of my body Growing Healthy and sick person A healthy way of life Personal hygiene ME AND US Needs - mine and others' Admitting my mistakes Apologising Making up My good and bad behaviour, right and wrong behaviour Rules for behaviour Games and work Learning ME AND MY FAMILY Parents, brothers, sisters Grandparents and other relatives Family tree

Roles of family members Grief A new family member Jobs of parents Jobs at home Traditions ESTONIA AS OUR (TEMPORARY) HOME Occupations Traditions of different nationalities National symbols MY HOME COUNTRY My home country, close people to me Holidays at my home TRAFFIC Moving safely on the street Traffic signs

1st grade graduate:

- knows, what is a family, home, home place
- knows rules of behaviour
- knows how to communicate with others
- knows that people are different
- knows how to behave safely as a pedestrian in traffic

PSE for the Year 2

Topics:

ME

Everybody's individuality and value Self consciousness and self esteem

MY BODY

Personal hygiene Threats to health; safety demands Getting help First aid; how to behave in case of an accident Sports and health Bad habits

ME AND US

Needs - mine and others'

Taking care of each other and helping each other

Tolerance

Friends and maintaining friendships

Putting myself in the situation of someone else

Discussing my worries and expressing my feelings

My good and bad behaviour, right and wrong behaviour

Behaviour and it's consequences

The meaning of behavioural rules at school, at home and outside of home

Games and work

The importance and rules of teamwork

ME AND MY FAMILY

Being helpful, my responsibilities and duties Home district, neighbours and neighbourhood Homelessness, orphanage

PEOPLE AND INFORMATION, TIME AND THINGS Planning time

> Planning my actions, promises, responsibility Estimating my actions

ESTONIA AS OUR (TEMPORARY) HOME

Village, county, city

MY HOME COUNTRY

My favourite places in my home country Different holidays in my home country

2nd grade graduate:

- knows how to keep him-/herself healthy
- knows what means self-harming behaviour
- can call for help in case of danger
- knows what is home place, home country and -republic
- knows ethical norms knows how to behave well
- can communicate with others
- knows what is honesty, justice and responsibilities
- can estimate his/her action
- can plan time and activities

PSE for the Year 3

Topics:

ME

Children's rights, responsibilities and child protection ME AND US

Needs - mine and others' Honesty and justice against injustice and persecution Dealing with bullying and violence Discussing my worries and expressing my feelings Getting help Games and work Refusing to participate in destructive common behaviour PEOPLE AND INFORMATION, TIME AND THINGS Information, sources of information and using them Aims effects of advertisements Mine, his/hers, ours Values and costs of things Attitude to things and others' work Money Earning, collecting, spending and borrowing money Planning money

ME AND SAFETY

Dangers

Fire safety, natural dangers, dangerous substances and calling for help Strange environment and going along with a stranger

The problem of harassing

Traffic rules

Police

Children's helpline

Hospice

Social helpline

ESTONIA AS OUR (TEMPORARY) HOME

State and it's defence Laws as rules of society Estonian national symbols Parliament, government, president Estonian nature, people, culture, education Estonian celebrities Minorities in Estonia Neighbour countries Estonians abroad and foreigners in Estonia Tolerance towards different cultures and nations

MY HOME COUNTRY

Symbols, neighbour countries, celebrities

3rd grade graduate:

- knows how to get help in case of emergency
- knows Estonian celebrities
- knows Estonian national symbols and neighbour countries
- knows what is honesty, justice, responsibilities and being responsible
- can do teamwork, communicate with others and take others into consideration
- can evaluate money and things
- knows that people, their opinions, estimations and values are different
- understands his/her right to have a different opinion and refuse to participate in common actions that are destructive
- can find information from different sources
- can tell about his/her home country, it's symbols and celebrities

PSE for the Year 4

Topics:

HEALTH

The meaning of health

61

- knows what is health and can lead a healthy life
- can give First Aid
- knows about different health risks
- can estimate and evaluate a healthy environment and conditions for maintaining health
- knows and can follow traffic signs and rules

PSE for the Year 5

Topics:

SEXUAL DEVELOPMENT Maturing Physical development and differences between boys and girls Sexuality DISEASES Sexually transmitted diseases AIDS PERSON IN SOCIAL RELATIONSHIPS Needs and the hierarchy of needs Person in social relationships with others Values and the hierarchy of values Education as a value Ethical norms Cultural differences COMMUNICATION WITH OTHERS Verbal and nonverbal communication Active listening Expressing feelings Opening yourself in relationships Intercultural communication COMMUNICATION WITH MYSELF Self-portrait Self esteem Self analyses Valuing myself Conflicts with myself SELF MAINTENANCE AND SELF CONTROL Saying "no" Aggressive, self-maintaining and surrendering way of acting Caring about others instead of being aggressive Apologising and admitting guilt Self control and restriction SOCIAL COMPETENCE Helping each other, sharing, teamwork and caring Effective and ineffective social abilities Friendship, empathy, responsibility Peer influence Conformity and independency Support and help from others Racism, people with special needs, how can I help Homeless and asocial people, alcoholics Treating nature and animals THINKING POSITIVE Positive self-portrait

DRUGS

Behaviour in drug-related situations

63

DEMOCRACY

Social values, traditions, rules, school rules and democracy Personal and social responsibility Children's rights and responsibilities People and power Citizen

TRADITIONS

Differences in the way of living, nature, beliefs and myths, eating habits, marriages, ethics

Material and not material culture

INFORMATION AND PLANNING

Information and it's sources What are "news", how to read them, how to understand them Different sources of information and their positive and negative sides Computer addictiveness Setting aims Being entrepreneurial

5th grade graduate:

- knows about changes during puberty
- knows important facts about sexuality and sexually transmitted diseases
- knows effective communication skills
- can estimate his/her own abilities and behaviour
- can bring out valuable traits about him-/herself
- appreciates different cultures and understand differences between cultures
- appreciates ethical values
- can find information from different sources and be critical about it
- understands the need for rules and regulations
- understands the idea of democracy
- understands that people are different and accepts differences in people

PSE for the Year 6

Topics:

CONFLICTS

Nature and reasons of conflicts Effective and not effective ways of solving conflicts Dealing criticism Negotiation

CRISIS

Nature of crisis Reasons Development of crisis Reactions and behaviour during crisis Shock and dealing with it 64

Help in crisis Helpline Psychological counselling for young people SCHOOLS ARE DIFFERENT Changing school, new school **Different schools** Geographical and cultural differences between schools SOLVING PROBLEMS Finding alternative ways of dealing with problems Thinking about consequences Solving social dilemmas ACCEPTING DIFFERENCES Tolerance towards myself and others Individual differences People with special needs Sexual differences Differences in multicultural environment DRUGS Nature, effects and dangers of drugs WHOM DOES SOCIETY CONSIST OF Children and adults Men and women Different nationalities People with different needs and interests The right to differ Tolerance Nation and home country National symbols Local societies DEMOCRACY Democracy - common decisions and consensus Compromise Citizen organisations Partv Election promises and fulfilling them Votina National representatives Mayor, prime minister, president and their responsibilities HUMAN RESOURCES Ideas, time and money as main resources for people Ideas and their value Realisation of ideas Interest Abilities Teamwork Responsibility Time as a restricted resource and using it efficiently - organising actions and free time Money as a restricted resource, earning and spending money

Borrowing money, honesty in money matters

PEOPLE AND LAWS

Laws as frames for people's actions Fundamental law Human rights Children's rights and responsibilities How laws protect people Court PEOPLE AND INFORMATION The need for information Sources of information Information as a value

Computer as a source of information Library

Reference books and information databases

Fact and opinion

Advertisements

6th grade graduate:

- understands that people are different and can take it into consideration
- can do teamwork
- knows possible causes of conflicts
- knows risks to health and the bad influence of drugs
- knows what the society consists of (people); where do different and common interests come from
- knows what are laws and why we need to follow them
- knows how to be tolerant
- understands what is responsibility; honesty, justice, freedom, violence
- understands why people are different, what are people's special needs
- feels responsible for his/her actions
- can estimate resources and the lack of them; can make plans according to resources
- can find information and use it

PSE for the Year 7

Topics:

LIFE-SPAN DEVELOPMENT AND PUBERTY Growth and development Life-span and it's periods Puberty GIRLS, BOYS AND PUBERTY Early and late puberty

Early and late puberty Main concerns during puberty Sexual interests Freedom to choose

Responsibility in sexual relationships Planning a family **FIRST ATTRACTIONS** Nature of attraction Attractions during puberty Going out The tragedy of breaking up **VOULNERABLE ADOLESCENT** ABC of communication Levels of communication Communication with peers and friends Conflicts Tolerance Dealing with stress NEW RELATIONSHIPS AMONG FAMILY The rights and responsibilities of an adolescent Misunderstandings and conflicts at home Solving conflicts Independence SOCIETY - A WAY OF LIVING TOGETHER Society's social structure Different groups and a person's role in them Areas of social life Social stratification Variety of people's interests NORMS AND RULES The role of norms in the society

Social norms and values Leadership, power and authority in a group Communication with peers and friends Conflicts and tolerance in relationships Justice and ethical norms

7th grade graduate:

- knows what kind of changes appear during puberty
- knows how sexual development evolves, knows about sexual life and ways to avoid pregnancy
- understands that people are different •
- knows ways of dealing with stress, can follow and estimate his/her health condition •
- knows the social structure of the society •
- knows main areas of social life •
- knows that people's interests are different and understands why •
- knows about legal ways of protecting one's interests •
- understands the restricted resources of the society •
- can estimate his/her opportunities to participate in social life •

PSE for the Year 8

Topics:

HEALTH RISKS Different drugs and risks when using them Addiction Behaviour and making decisions in drug-related circumstances Getting help HEALTHY WAY OF LIVING How to lead a healthy life Forming a healthy way of living Health risks Accepting myself Dangers and problems related to myself NATION, FUNDAMENTAL LAW AND DEMOCRACY Nation, people and citizens Human rights Estonian fundamental law Main rights and responsibilities in the Estonian fundamental law Religion and religious freedom Independent media The right for public information TEENAGER'S ROLE IN THE SOCIETY Rights and responsibilities of a teenager Misunderstandings and conflicts while communicating with family and friends First attractions Tragedy of breaking up Main worries of a teenager Planning a family Freedom to choose Sexual behaviour Responsibility in sexual relationships **Risks in sexual relationships Risk prevention** CITIZEN SOCIETY Citizen culture Citizen initiation Local communities Nongovernmental institutions Neighbour surveillance Crisis Laws and norms for living together INDIVIDUALAND ECONOMY Being rich and being poor Family economy Planning a career Competition in the job market Laws concerning work Consumer protection

8th grade graduate:

- knows the main risks and dangers to health
- knows how to keep healthy
- can estimate and follow his/her own health condition
- Knows what is a nation and who is a citizen
- Knows his/her rights and citizen rights
- Knows the II paragraph of the fundamental law, can name main rights and responsibilities
- Understands the principles of independent media
- Knows about changes in puberty
- Knows how to avoid and solve conflicts
- Knows how sexual maturing evolves and important things about sexual life
- Knows risks and dangers related to sex
- Knows ways of preventing pregnancy
- Knows the juridical, economical and psychological basics of forming a family
- Knows what is a citizen society
- Knows how to be an active member of the society
- Knows how to get along financially as an individual
- Knows basics of family economy
- Knows laws related to work and how to manage at the job market
- Knows basics of consumer rights and can protect him-/herself as a consumer
- Understands what is a career and how to plan a career
- Can write a CV and participate in job interviews

PSE for the Year 9

Topics:

LIFE SPAN

Opportunities to form my life span

Self-development

HAPPINESS

Dealing with yourself and your life in order to become happy

SOCIAL BEHAVIOUR

Different groups and a person's part in them

Social norms and laws

Leadership, power and authority in a group

SOCIETY

- Areas of society
- Society's social structure
- Social stratification

Diverseness of interests among people

Social norms

Laws and justice

Ethical norms

Social norms and values

What is Estonian society like?

STATE AND IT'S FUNCTIONS

Student's home country's and Estonian state structure

69

State and it's functions Fundamental law People, citizens Parliament Ambassador's rights and responsibilities President, government, local government Citizen protection State defence International organisations; student's home country and Estonia in international organisations CITIZEN SOCIETY Citizen culture Nongovernmental organisations Local communities Neighbour surveillance Crisis situations and how to deal with crisis NATION, FUNDAMENTAL LAW AND DEMOCRACY Rule of law Human rights Basic rights, freedom and responsibilities in the fundamental law Religion Independent media The right for public information Sources of information INDIVIDUAL, STATE AND LAW Laws and following them Citizen law Democratic court STATE AND ECONOMY Market economy Free enterprise Competition and state's role in economy State budget Taxes and their functions Common amenities and social safety Money and banks Job market INDIVIDUAL AND ECONOMY Being rich and being poor Family economy Planning a career Competition in the job market Laws concerning work Consumer protection

9th grade graduate:

- Can estimate his/her capabilities, opportunities and roles
- Knows social norms and laws
- Understands his/her place among others

- Can evaluate his/her home country's culture among other cultures and see differences and similarities between cultures
- Knows areas of social life and their interdependence
- Knows home country's fundamental law and citizen law, political and administrative organisation and laws
- Knows human rights and citizen rights
- Can protect oneself with legal tools
- Knows about state's economy
- Understands that society's resources are restricted, understands the difference between wishes and possibilities
- Can estimate his/her opportunities to participate in social life
- Can communicate with local institutions
- Can protect his/her rights as a consumer

GERMAN

Beginners group

TOPICS:

MYSELF- name, age, outfit, bodyparts, cloths, hobbies

FAMILY AND HOME- members of family, relations, adress, house, flat, garden

ACTIVITIES- meals, food, traffic, town, shops

LEARNING AND WORKING- schooldays, friends, teachers, subjects, rooms, schoolbag, holidays, professions

HOBBIES AND CULTURE- games, sports, music, books, travelling, festivities

GRAMMAR- conjugation, pronouns, nummers, articles, auxiliary verbs, imperative

Advanced group

TOPICS:

MYSELF- character, abilities, interests

FAMILY AND HOME- relationships in the family, members of family

FRIENDS- different characters, relationships with friends

ENVIRONMENT; ESTONIA- weather, nature protection

WORLD- European countries, names of countries, capitals

GERMAN SPEAKING COUNTRIES- symbols, culture, people

ACTIVITIES- housework

LEARNING AND WORKING- school and class

HOBBIES- theatre, cinema

GRAMMAR- noun, adjective, comparising of adjectives, time, date, year, irregular verbs, present perfect, prepositions

PHYSICAL EDUCATION <u>PE for the Year 1</u>

Study content

GYMNASTICS

Main positions and movements. Imitation movements. Developing harmonic body and posture. Walking, walking exercises. Various forms of walking based on the rhythm and music. Imitating walking exercises. Climbing, crawling. Balance exercises.

LINING AND ORDER/DICIPLINE EXERCISES

Welcoming in a line/row. Lining up in one line/row, column. Basic pose. Forming a line. Turns at the standstill. Start and end of moving.

RUNNING, RUNNING EXERCISES

Correct running posture and movements. Start and end of running. (Pendulum) relay. Standing starting position.

THROWING, THROWING EXERCISES

Ball handling exercises. Holding a ball, throwing movements, catching, rolling, bouncing. Rolling and dragging the ball with a foot. Target/accurate and distance throwing. Movement games.

JUMPS, JUMPING EXERCISES

Depth jumps. Jumps from takeoff run. Jumping over a barrier. Standing broad/long jump. Skipping exercises. Skipping with a skipping-rope or jump-rope.

RHYTHMICS AND MOVEMENT

Basic exercises with music or rhythm equipment/instruments. Movement improvisation. Musical games. Dancing and singing games.

SKIING

Safety regulations. Transport and maintenance of skiing equipment. Falling and recovering on skis. Side-stepping uphill, stair walking uphill, herringpone climbing. Diagonal stride. Sliding stride/step. Double-poling stride. Slight and moderate sliding downhill/tuck.

SLEDDING

Breaking. Safety regulations. Sliding from various slopes.

SWIMMING

Safety regulations and discipline in the pool and swimming places. Introducing hygiene rules. Exercises for adjusting with water. Breaststroke and backstroke.

Study results

At the end of the 1st year a student:

- Performs basic movements correctly various walking, running, jumping and throwing exercises.
- Can dress according to the situation and follows hygiene rules.
- Follows line up and order/discipline exercises in order to ensure organization of the lesson.
- Can perform simple gymnastic exercises based on certain rhythm, improvise.
- Can slide downhill from a slight slope/hill, break, and fall. Can ski about 200 meters using diagonal sliding stride. Can carry ski equipment.

PE for the Year 2

Study content

GYMNASTICS

Walking, walking exercises. Various forms of walking based on the rhythm and music. Imitating walking exercises. Free exercises. Balancing exercises. Exercises with equipment. Acrobatic exercises. Rolling and rolls. Forward somersault/flip.

LINING AND ORDER/DISCIPLINE EXERCISES

Lining and order/discipline exercises. Figure movements. Basic pose. Lining up. Turns at the standstill. Start and end of moving. Thin out, merge, realine.

JUMPS, JUMPING EXERCISES

Skipping exercises. Combinations of skipping exercises. Coordination skipping. Skipping with a skipping-rope or jump-rope.

RUNNING, RUNNING EXERCISES

Correct running posture and movements.(Pendulum) relay. Acceleration run. Durability run. Movement games.

THROWING, THROWING EXERCISES

Ball handling exercises. Holding a ball, throwing movements, catching, rolling, bouncing. Rolling and dragging the ball with a foot. Target/accurate and distance throwing. Various styles of dodge ball.

SKIING

Safety regulations. Transport and maintenance of skiing equipment. Falling and recovering on skis. Side-stepping uphill, stair walking uphill, herring pone climbing. Turns on skis. Sliding stride/step. Double-poling. Stride double-poling and double stride double-poling.
73

SLEDDING

Breaking. Safety regulations. Various styles of sliding. Sliding from various slopes.

SKATING

Safety regulations. Breaking. Various styles of skating.

SWIMMING

Safety regulations and discipline in the pool and swimming places. Introducing hygiene rules. Exercises for adjusting with water. Breaststroke and backstroke.

Study results

At the end of the 2nd year a student:

- Can dress according to the situation and follows hygiene rules.
- Follows line up and order/discipline exercises in order to ensure organization of the lesson.
- Can perform simple gymnastic exercises based on certain rhythm, improvise and dance simple folk dances.
- Performs basic movements correctly various walking, running, jumping and throwing exercises.
- Can perform skipping exercises with a skipping-rope.
- Can play movement games and dodge ball (various styles).
- Can swim.
- Can use sliding stride/step on skis.
- Can run with moderate rate.
- Can follow safety regulations/rules while performing physical exercises and act in the event of an accident.

PE for the Year 3

Study content

GYMNASTICS

Imitating exercises, free exercises. Balancing exercises. General developing exercises with various gymnastic equipment.

LINING AND ORDER/DISCIPLINE EXERCISES

Figure movements. Lining up in one line/row, column. Turns at the standstill and while moving. Carrying and positioning small equipment and mats. Half splits. Scruff stand (candle). Bridge stand from flat on the back (with help). Balancing exercises.

RHYTHMICS AND MOVEMENT

Basic exercises with music or rhythm equipment/instruments. Movement improvisation and musical games. Dancing and singing games. Dances and dance steps. Combinations of walking, running, gallop, polka, hopping steps.

RUNNING, RUNNING EXERCISES

Depth jumps. Jumps from takeoff run. Jumping over a barrier. Standing broad/long jump.

THROWING, THROWING EXERCISES, EXERCISES WITH BALLS

Ball handling exercises. Holding a ball, throwing movements, catching, rolling, bouncing. Rolling and dragging the ball with a foot. Target/accurate and distance throwing. Dodge ball. Movement games and games preparing for sports games.

SKIING

Safety regulations. Transport and maintenance of skiing equipment. Falling and recovering on skis. Diagonal stride. Turns at standstill. Step turning. Side-stepping uphill, stair walking uphill, herring pone climbing. Slight and moderate sliding downhill/tuck.

SKATING

Safety regulations. Breaking. Various styles of skating. Position of the skater. Balancing exercises. Sliding practice. Breaking. Skating backwards, durability skating. Figure skating.

SWIMMING

Safety regulations and discipline in the pool and swimming places. Introducing hygiene rules. Exercises for adjusting with water. Breaststroke and backstroke.

Study results

At the end of the 3rd year a student:

- Can lift, carry and position sports equipment.
 - Can dress according to the situation and follows hygiene rules.
 - Can follow safety regulations/rules while performing physical exercises and act in the event of an accident.
 - Can perform skipping exercises with a skipping-rope.
 - Can play movement games and dodgeball (various styles).
 - Can run with moderate rate for few minutes.
 - Can ski 2 km.
 - Can swim.
 - Can perform various walking, running, jumping, throwing and coordination exercises.
 - Can dance folk dances, move with various rhythm, perform creative movement.

PE for the Year 4 Study content

THEORETICAL KNOWLEDGE

Terms of learned sports. Safety regulations and hygiene rules during sporting. Principles of Olympic Games and fair play.

GYMNASTICS

Main positions and movements. Free exercises and exercises with equipment. Strength and stretching exercises. Cooling down/loosening exercises. Short combinations of exercises with equipment. Line up exercises. Figure movements. realigning from a line/row and column. Walking, running, skipping, jumping and connections between them. Skipping exercises with skipping-rope (jump rope) at standstill and while moving. Making circles and number 8 with a skipping-rope.

HANGING, SUPPORT POSITIONS, PUSH/PULL-UPS, CARRYING, CLIMBING

Carrying devices/weights. Press-up/push-up and pull-up. Climbing on the frame.

ACROBATICS

Bridge stand from flat on the back. Forward somersault/flip. Forward jump somersault/flip. Backward somersault/flip. Headstand. Balancing exercises. Walking and skipping exercises. Support position jumps.

RHYTMICS

Basic gymnastics with music. Movement improvisations. Coordination exercises. Dancing and singing games. Dancing and dance steps. Basic steps of ballroom dancing. Estonian folk dances.

ATHLETICS

Running. Running from different starting positions. Stretching/warming up exercises. Fair/regulated (pendulum) relay. Jumps. Long jump (step jump). Measuring the run up. Throws. Ball throw at standstill and from three steps.

SPORTS GAMES

Football (soccer). Passing on and hitting a standing ball. Stopping a rolling ball. Hitting with the inside of the foot. Dragging a ball. Hitting a moving ball. Stopping a falling ball. Basketball. Body position and moving techniques. Holding a ball. Bouncing and passing on the ball. Turns.

SKIING

Double-poling. Double-poling stride. Half-skating and free skating. Skate turning. Passing uneven areas. Half skating uphill. Half-herringpone stride. Downhill traversing. Snowplough break. Snowplough glide and turning. Downhill breaking by preventive falling. Safety regulations. Competition regulations. Maintaining ski equipment and waxing skis. Establishing training sites.

Study results

At the end of the 4th year a student:

- Knows the rules of fair play.
- Knows terms of learned sports.
- Can dress according to the situation and follows hygiene rules.
- Can perform the easiest acrobatic exercises.
- Can play movement games and sports games with simplified regulations/rules.
- Can slide downhill, using various sliding techniques.
- Can bounce a ball and drag it with a foot through a slalom paths.
- Can pass on a ball with a foot and hand.
- Can run with moderate pace for 10 minutes.

PE for the Year 5 Study content

THEORETICAL KNOWLEDGE

Terms of learned sports. Safety regulations and hygiene rules during sporting. Principles of Olympic Games and fair play.

GYMNASTICS

Main positions and movements. Free exercises and exercises with equipment. Strength and stretching exercises. Cooling down/loosening exercises. Short combinations of exercises with equipment. Line up exercises. Figure movements. Realigning from a line/row and column. Walking, running, skipping, jumping and connections between them. Skipping exercises with skipping-rope (jump rope) at standstill and while moving. Making circles and number 8 with a skipping-rope.

HANGING, SUPPORT POSITIONS, PUSH/PULL-UPS, CARRYING, CLIMBING

Carrying weights/instruments/equipment. Press-up/push-up and pull-up. Climbing on the frame. Carrying using wrist connection and on the back.

ACROBATICS

Bridge stand from flat on the back. Forward somersault/flip. Backward somersault/flip. Headstand. Balance. Walking and skipping exercises. Dance steps on a beam. Support position jumps. Jumping from a run-up into support postion huddle on a instrument/beam. Stretching off-jumps.

RHYTMICS

Basic exercises with music or rhythm equipment/instruments. Movement and rhythm improvisations. Coordination exercises. Dancing and singing games. Basic steps of ballroom dancing. Estonian folk dances.

ATHLETICS

Fair/regulated (pendulum) relay. Long jump. Measuring the run up. Throws. Ball throw at standstill and from run-up. Exercises with a punch-ball to introduce shot put. Competition regulations of learned sports.

SPORTS GAMES

Football (soccer). Hitting with the inside of the foot and dragging a ball. Passing on and hitting a standing ball. Stopping a moving ball. Hitting with the inside of the foot. Dragging a ball. Passing on a moving ball. Stopping a falling ball. Basketball. Body position and moving techniques. Holding a ball. Bouncing and passing on the ball. Turns. Throws to the basket at standstill and while moving. Various movement games.

SKIING

Double-poling stride. Breaking and snowplough glide. Downhill traversing. Passing uneven areas. Half-skating and free skating. Skate turning. Maintaining ski equipment, safety techniques, and competition regulations.

Study results

At the end of the 5th year a student:

• Knows the rules of fair play.

- Can observe own pose and movements.
- Can develop own physical abilities following the instructions of the teacher.
- Can play movement games and sports games with simplified regulations/rules.
- Can perform support position jumps, simple acrobatic and performance exercises and climb.
- Can preform body exercises with music.
- Can ski on varied landscape and use suitable skiing and uphill techniques.
- Can use simple first aid techniques to help onself.
- Can run in manageable even pace GIRL: 2 km, BOYS: 2.5 km.

PE for the Year 6 Study content

THEORETICAL KNOWLEDGE

Terms of learned sports. Safety regulations and hygiene rules during sporting. Principles of Olympic Games and fair play.

GYMNASTICS

Main positions and movements. Free exercises and exercises with equipment. Strength and stretching exercises. Cooling down/loosening exercises. Short combinations of exercises with equipment. Line up exercises. Figure movements using various styles of movements. Walking, running, skipping, jumping and connections between them. Free jumps by pushing off from one foot. Skipping exercises with skipping-rope (jump rope) at standstill and while moving. Making circles and number 8 with a skipping-rope.

HANGING, SUPPORT POSITIONS, PUSH/PULL-UPS, CARRYING, CLIMBING

Carrying weights/instruments/equipment, for example gym benches. Pressup/push-up and pull-up. Climbing on the frame. Carrying using wrist connection and on the back.

ACROBATICS

Bridge stand from flat on the back. Forward somersault/flip. Backward somersault/flip. Handstand with help. Headstand. Balance. Walking and skipping exercises, dance steps, and crossing obstacles. Support position jumps. Jumping from a run-up into support postion huddle on a instrument/beam. Stretching off-jumps. Splits (jumps).

RHYTMICS

Basic exercises with music or rhythm equipment/instruments. Movement improvisations. Coordination exercises. Dancing and singing games. Dance and dance steps. Basic knowledge of dance culture. Basic steps of ballroom dancing. Estonian folk dances.

ATHLETICS

Running from different starting positions. Stretching/warming up exercises. Fair/regulated (pendulum) relay. Exercises introducing the hurdle race. Long jump. High jump (stepping over jump). Ball throw at standstill, from three steps and run-up. Exercises with a punch-ball to introduce shot put. Competition regulations of learned sports.

SPORTS GAMES

Football (soccer). Passing on and hitting a standing ball. Stopping a moving ball. Hitting with the inside of the foot. Dragging a ball. Hitting a moving ball. Stopping a falling ball. Basketball. Body position and moving techniques. Holding a ball. Bouncing and passing on the ball. Turns. Throws to the basket at standstill and while moving. Basic knowledge about individual defense game. Mini basketball. Competition regulations.

SKIING

Double-poling. Double-poling stride. Half-skating and free skating. Double-poling half-skating. Skate turning. Passing uneven areas. Half-herringpone stride. Downhill traversing. Snowplough break. Snowplough glide and turning. Downhill breaking by preventive falling. Safety regulations. Competition regulations. Maintaining ski equipment and waxing skis. Establishing training sites.

Study results

At the end of the 6^{th} year a student:

- Knows terms of learned sports.
- Can dress according to the situation and follows hygiene rules.
- Knows about Olympic Games and rules of fair play.
- Can observe own pose and movements.
- Can develop own physical abilities following the instructions of the teacher.
- Can play movement games and sports games with simplified regulations/rules.
- Can perform support position jumps, simple acrobatic and performance exercises and climb.
- Can preform physical exercises with music.
- Can choose speed of movements.
- Knows how to participate in the (pendulum) relay.
- Can ski on varied landscape and use suitable skiing and uphill techniques.
- Can use simple first aid techniques to help onself.
- Can run in manageable even pace GIRL: 2 km, BOYS: 2.5 km.
- Can jump with the jump-rope for 1 1.5 minutes in a moderate pace.

PE for the Year 7

Study content

GYMNASTICS

Main positions and movements. Knowing and using terms. Composing combinations of exercises and performing them with music. Elements and equipment of rhythmic gymnastics. Line up exercises. Figure movements. Turning around from stepping. Dividing and joining. Separating and uniting. Crossing. Hanging, support positions, climbing, carrying.

ACROBATICS

Handspring to the side. Triplet somersault/flip. Jump somersault/flip from run-up. Combining combinations of balance exercises. Support position jumps. Gymnastic exercises with equipment.

RHYTMICS AND DANCE

Combining and performing exercise combinations. Knowledge about dance culture and customs.

ATHLETICS

Warm-up. Safety and competition regulations. Runs. Low start. Techniques of curve running. Accurate runs. Hurdles. Circle relay. Determine run-up of long jump and high jump. Throws, puts, shots. Ball throwing from run-up. Introducing throwing/field sports. Shot put at standstill and with run up.

SPORTS GAMES

Volleyball. Styles of movement and poses. Passing and serves. Attack stroke. Tactics of the game. Competition regulations. Game with simplified rules. Basketball. Maneuvers. Passing and catching from movement. Defense game. Simple forms of teamwork. Breaking throw at standstill and from movement. Jump shot. One hand throw at standstill. Competition regulations. Game with simplified rules. Football (soccer). Passing on and hitting a stand ball. Stopping a moving ball. Hitting with the inside of the foot and from air. Dragging a ball. Stopping a falling ball with a foot, thigh, and chest. Defense moves.

SKIING

Competition regulations. Safety regulations and discipline during the ski trip, relay skiing, and ski competition. Maintaining the skis. Double-poling double stride. Uphill slide. Snowplough turning. Double-poling double stride skating. Drift breaking. Half-snowplough parallel turning. Transition from one style to another. Passing through a simple slalom slope.

ORIENTEERING/ORIENTATION

Map and compass. Reading a plan. Navigating the map. Comparing the map and landscape, determine a location, choosing simpler path. Orientation techniques.

Study results

At the end of the 7^{th} year a student:

Knows safety regulations, hygiene regulations, and season techniques while sporting.

Knows terms and competition regulations of learned sports.

Can perform basic exercises of acrobatics and gymnastics with apparatus.

Can run and ski with even pace Girls: 2-3 km, Boys: 4-5 km.

Can act during an accident.

Can run various distances, high and long jump, perform jumps and throws.

Knows basics of performing physical exercises.

Know about famous/best sportsmen of Estonia and world.

Can develop own physical abilities.

Can do gymnastics by him/herself and combine combinations of exercises.

PE for the Year 8 Study content

THEORETICAL KNOWLEDGE

Basics of performing physical exercises. Safety regulations. Hygiene regulations, and season techniques while sporting. Terms and competition regulations of learned sports. Olympic Games and international sports games. Famous/best sportsmen of Estonia and world.

GYMNASTICS

Main positions and movements. Knowing and using terms. Composing combinations of exercises and performing them with music. Elements and equipment of rhythmic gymnastics. Line up exercises. Figure movements. Turning around from stepping. Dividing and joining.

HANGING, SUPPORT POSITIONS, PUSH/PULL-UPS, CARRYING, CLIMBING Climbing a rope. Carrying using fireman technique. Press-up/push-up and pull-up.

ACROBATICS

Handspring to the side. Triplet somersault/flip. Jump somersault/flip from run-up. Balance. Combining combinations of balance exercises. Support position jumps. Gymnastic exercises with a ball and hoop.

RHYTMICS AND DANCE

Combining and performing exercise complexes. Knowledge about dance culture and customs. Waltz, family waltz. Basic steps of ballroom dancing.

ATHLETICS

Warm-up. Safety and competition regulations. Runs. Low start. Accurate runs. Circle relay. Determine run-up of long jump and high jump. Introducing triple jump. Throws, puts, shots. Ball throwing from run-up. Shot put at standstill.

SPORTS GAMES

Volleyball. Styles of movement and poses. Passing and serves. Competition regulations. Game with simplified rules. Basketball. Passing and catching from movement. Defense game. Simple forms of teamwork. Competition regulations. Game with simplified rules. Breaking throw at standstill and from movement. Various movement games.

SKIING

Competition events. Competition regulations. Safety regulations and discipline during the ski trip, relay skiing, and ski competition. Maintaining the skis. Double-poling double stride. Double-poling double stride skating. Drift breaking. Transition from one style to another. Snowplough turning, half-snowplough parallel turning. Passing through a simple slalom slope.

ORIENTEERING/ORIENTATION

Map and compass. Reading a plan. Navigating the map. Comparing the map and landscape, determine a location, choosing simpler path.

Study results

At the end of the 8th year a student:

Knows basics of performing physical exercises.

Knows safety regulations, hygiene regulations, and season techniques while sporting.

- Knows terms and competition regulations of learned sports.
- Knows about Olympic Games and international sports games, Estonian and world famous/best sportsmen.
- Can perform first aid.
- Can combine combinations of exercises.
- Can help and encourage performing of exercises.
- Can run various distances, high and long jump, and perform jumps and throws. Can run and ski with even pace Girls: 2-3 km, Boys: 4-5 km. Can perform basic exercises of acrobatics and gymnastics with apparatus. Can play learned sports games with simplified rules. Can pass orientation path.

Can ski using suitable skiing techniques.

ARTS

Arts for the Year 1

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Man, animals, insects, birds, etc.

Trees, stones etc.

Everyday objects

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Main colours and their mixing (yellow, red and blue).

Lightening and darking.

Expressing moods by means of colours.

DESIGN AND WRITING

Making toys and decorating rooms, using natural materials.

Designing one's own name.

TALK ON ART

Architecture, sculpture, paintings, graphics, walks in our environment to improve one's knowledge of art.

Designing one's house/flat and room.

Analysis and tolerant attitude to classmates' work.

Cartoon.

TEHNIGUES AND MATERIALS

Sculpture – using clay, etc., making textures using natural materials (wrappers, plastic, wire, etc.)

Folding (boxes, animals, people, etc.)

Painting – using gouache, crayon and oil pastels; colour pencils and felt tips or markers; collage (tearing off from colour or waste papers or textile.)

Graphics – drawing using pencils and felt tips, gouache or tempera.

INTERGRATION WITH OTHER SUBJECTS

Mathematics – painting, cutting, drawing, sticking, folding (using patterns and models), geometrical figures, measuring with a ruler.

Music – expressing mood using colours.

Human nature teaching - tolerant approach to classmates work

Arts for the Year 2

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Moving figures and organic world.

Artificial forms using lines and figures.

Geometrical forms, their relation to everyday objects and their usage.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Cold and warm colours.

Organizing the surface of the painting.

Ribbon ornament.

DESIGN AND WRITING

Rhythm exercises and games using writing elements and letters.

Designing wall newspaper.

Making vehicles, toys , models originating from function, material, technology and sense of beauty.

TALK ON ART

Architecture, sculpture, paintings, graphics, walks in our.

Visiting the theatre. Talk on scenery and costumes.

Analysis and tolerant approach to classmates' work.

Cartoons.

Designing of one's home town.

TEHNIGUES AND MATERIALS

Sculpture – using clay, etc., making textures using natural materials (wrappers, plastic, wire, etc.)

Folding (boxes, animals, people, etc.)

Cutting out elements of soft material.

Painting – spontaneous and thoughtful gouache, crayon and oil pastels; colour pencils and felt tips or markers; collage (tearing off from colour or waste papers or textile.); using watercolours or pencils.

Graphics – drawing (using pencils and felt tips), using full stops and lines for making a fracture; printing (using gouache or tempera).

INTERGRATION WITH OTHER SUBJECTS

Mathematics – painting, cutting, drwing, sticking, folding (using patterns and models), geometrical figures, measuring with a ruler.

Human nature teaching –analysis and tolerant approach to classmates work.

Arts for the Year 3

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Geometrical forms, their relation to everyday objects and their usage.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Cold and warm colours.

Organizing the surface of the painting.

Ribbon ornament.

DESIGN AND WRITING

Works with a ruler and a compass.

Designing the symbols of Estonia and one's native country.

Making toys and elements of a puppet theatre originating from function, material, technology and sense of beauty.

TALK ON ART

Architecture, sculpture, paintings, graphics, walks in our.

Visiting an art museum or a gallery.

Design and function of a from.

Designing a park or a garden.

Analysis and tolerant approach to classmates' work.

TECHNIGUES AND MATERIALS

Sculpture – using clay, etc., making textures using natural materials (wrappers, plastic, wire, etc.)

Folding (boxes, animals, people, etc.)

Cutting out elements of soft material, ways of fixing (wire, matches, lase, glue etc.)

Painting – spontaneous and thoughtful gouache, crayon and oil pastels; colour pencils and felt tips or markers; collage (tearing off from colour or waste papers or textile.); using watercolours or pencils.

Graphics – drawing (using pencils and felt tips), using full stops and lines for making a fracture; copying graphics print (using gouache or tempera).

INTERGRATION WITH OTHER SUBJECTS

Human nature teaching – Making symbols of Estonia and one's own native country. Analysis and tolerant approach to classmates work.

Arts for Years 4 - 6

- 1. Developing and improving pedagogical art orientation taught on the first school sage (including happening performances prepared in the classroom and performed at a school entertainment event).
- 2. Using and getting to know additional different graphic techniques outside school.

If possible art exhibitions and artist's studios and workshops are visited. Talk on art at practical work classes is stressed and associated with studies at history classes.

3. As the students start to create a critical attitude of their work, the tasks are combined according to their age and individuality. Oral evaluation of their work results and giving positive marks at the end of the term are preferred.

Arts for the Year 4 Content of studies

PORTRAYAL AND FORMAT TEACHNG

Portraying a man: proportions of face. Mimics.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Different tones of a colour (e.g. yellowish- green, bluish-green, brownish-green).

Colouring.

Symmetry and asymmetry.

Projecting of spatial object.

DESIGN AND WRITING

Designing the text of creative work in one's native language.

Cartoon and comic.

Folklore.

TALK ON ART

Art connection with music and theatre.

Architecture, sculpture, paintings, graphics, applied art.

TEHNIGUES AND MATERIALS

Sculpture – modeling sculptures of clay, ceramical folding and designing.

Painting – with covering paints and water colours, works with crayon and oil pastels, colour pencils and felt tips.

Collage.

Graphics – drawing in graphic pencils, felt tips and ballpoint pencils.

Arts for the Year 5

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Portraying a man: proportions of the whole figure.

Man in action.

Relation of man, nature and artificial forms.

Portraying a man of different ages.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Elementary chart of mixing colours.

Spacial design of different substances.

Painting using limited number of paints.

DESIGN AND WRITING

Combination of geometrical elements in space and on the level surface.

Woks with a ruler and a compass (ornament, development for a wrapping or a model).

Consumption graphic print (e.g. wrapping, etiquette label, etc.)

TALK ON ART

Art- means of expression (full stop, line, level of surface, colour, etc.)

Relation of art to film, television and advertising.

TEHNIGUES AND MATERIALS

Sculpture – modeling sculptures of clay, cutting from soft materials (foam, etc.).

Painting – with covering paints and water colours, works with crayon and oil pastels, colour pencils and felt tips.

Collage.

Graphics – drawing in graphic pencils, felt tips and ballpoint pencils. High print (e.g. linoprint, cardboard and material print).

Arts for the Year 6

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Sketching.

Shadow.

Still life.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Acromatic and cromatic paints.

Getting the third level paints (orange+blue, green+red, violet+yellow).

Intersection.

Dynamic and static composition.

Dominant of the painting.

Balance of the composition.

Perspective of air (paint)

Restricted and unrestricted surface levels.

DESIGN AND WRITING

Creating environment in inner and outdoor rooms (stand classroom one's own room, playgrounds etc.)

Optics of fantasy.

Numbers, letters, pictogram.

TALK ON ART

Memorials of art.

Symbols of culture in Estonia and in the student's native country.

Relation of art to history and literature.

Concepts of art (e.g., original, reproduction, author's circulation)

TEHNIGUES AND MATERIALS

Sculpture - modeling sculptures of clay, cutting from soft materials (foam, etc.).

Painting – with covering paints and water colours, works with crayon and oil pastels, colour pencils and felt tips.

Collage.

Arts for the Years 7

- 1. Developing and improving the tasks taught on the second school stage.
- 2. In addition to covering paints water colours are taken into use both for painting spontaneously and for colouring.
- 3. Spatial imagination is created by drafts and drawings in pencil. The most attractive historical events are connected with tasks in art classes. Visiting art museums and using the internet as much as possible.
- 4. As students are especially sensible at given not to depress them and considering the potential interest in art activities.

Arts for the Year 7

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Front view sitting figure.

Half profile.

Modeling objects with light and shadow.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Contrasts of paints, mutual influences, harmony and balance.

Space illusions (e.g. optical art)

Optical mixing of paints.

DESIGN AND WRITING

Marks and symbols (e.g. family marks, brands, pictogram, ex-libris)

BASIC KNOWLEDGE OF TEHNICAL DRAWING

Requirements of forming technical drawings. Variety of projecting (cross projection).

TALK ON ART

Genres of art.

Development of art from the Middle Ages to the end of the 20 th century.

Relations between music and art.

Colour. Restoring and renovation.

TEHNIGUES AND MATERIALS

Sculpture – modeling and construction (using plastic, cardboard, timber, wire, etc.). Painting – spontaneous painting and using the draft.

Graphics – working in pencil. Drawing a pen and brush.

Arts for the Year 8

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Character.

Caricature and cartoon.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Different perspective (perspective of frog and bird)

Line perspective with one or two concentrated points.

DESIGN AND WRITING

Grotesque and letter writing using a pen or a marker.

BASIC KNOWLEDGE OF TEHNICAL DRAWING

Requirements of forming technical drawings.

Variety of projecting (cross projection).

TALK ON ART

Caricature.

Graffiti.

Happening, performance.

Connections of Estonian folklore with Scandinavian, Fenno-Ugric people and ethnographic art of the word.

Sources of inspiration and creation.

TEHNIGUES AND MATERIALS

Sculpture - modeling and construction (using plastic, cardboard, timber, wire, etc.).

Painting – spontaneous painting and using the draft.

Graphics –Drawing using a pen, coal, china ink. Copying graphics (in cooperation with Tartu Art Museum)

Arts for the Year 9

Content of studies

PORTRAYAL AND FORMAT TEACHNG

Stylizing and deforming of man, natural and artificial forms (e.g. on the basis of the 20th century art)

Modeling objects with light and shadow.

PAINTING, COMPOSITION AND PERSPECTIVE TEACHING

Abstract composition (geometric and free composition).

Paint inflection.

Centering (in photography and video art)

DESIGN AND WRITING

Optics.

E-mails.

Combination of paper, cardboard, wire, etc.

Module.

BASIC KNOWLEDGE OF TEHNICAL DRAWING

TALK ON ART

Advertising.

Means of expression of virtual art.

Importance of ergonomics in design.

Nature of kitsch.

Widening of art borders.

Mass art: photography, film, video, advertising

TEHNIGUES AND MATERIALS

Sculpture - installation

Painting – spontaneus painting and using the draft.

Graphics –. Drawing using a pen, coal, china ink and brush. Mono- and diatype.